

Skiing Pathways after High School

Type of Competition:	 USST www.ussa.org	 NCAA www.ncaa.org	 USCSA (Varsity) www.uscsa.com	 USCSA (Club) www.uscsa.com
Scope	Highest level of competition: FIS elite, NorAm, Europa Cup, World Cup, Olympics	FIS racing at elite level against NCAA ski teams (Div I, II, III all compete in same race series; 2 regions: East and West). Schedule includes regular season races, regionals and Nationals.	FIS, USSA and non-USSA racing during regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.	USSA and non-USSA racing during regular season against college Varsity and Club teams. Schedule includes regular season races, regionals and Nationals.
Expectation	Highest competitive level. Must qualify to meet team criteria and must produce to stay on team or be selected for key competitions (i.e. Europa Cup, World Juniors, US Nationals).	Highly competitive level; many team members are former USST or foreign national racers; recruit 1-2 new racers per gender per year with varsity rosters of about 8 athletes per gender.	Competitive but inclusive; varsity rosters average about 7 athletes per gender; JV may also compete throughout the competition season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals.	Competitive but inclusive; team size varies by school and club budget. All athletes are eligible to compete throughout the competition season. 2-5 teams from each region and 1 outstanding individual per gender qualify for Nationals.
Typical FIS/USSA (Alpine) Points	Generally 20 or below FIS points in multiple events but eligibility is based on USST criteria involving rankings, performance at National races.	Div I: 25-100 FIS points in 1 event; 30-50+ points in other; Div II/III: 30-40 points in 1 event; 50-60+ points in other	30-150 points in both events. Check team rosters and results as competitive level varies from school to school and from year to year.	Rosters may vary to include athletes from elite to entry level experience. Check team rosters and results as competitive level varies from school to school and from year to year.
Cost/Fees/Aid	Varies based on A, B, C or Development team from fully funded to varying levels of athlete support.	School funded, some athletic scholarships available (for DI, DII non-Ivy schools)	School funded w/ possible outside sponsors. Equipment usually paid by athlete. Some athletic scholarships and academic scholarships available.	Club dues and some race fee support depending on the school's arrangement w/ team. Equipment paid by athlete. Some academic scholarships available.
Training/Racing	Most of year	Fall dryland, race season; optional summer training	Fall dryland, race season; optional summer training	Optional fall dryland; race season
Race Season	Most of year	Late Nov. – April	Late Nov. – April	Jan. - March
Race Venues	Europe, North & South America, Australia/NZ	U.S.	U.S.	U.S.
Disciplines	Alpine: DH, SG, SC, GS,SL XC: Classic, Freestyle, Jumping: all NC: all Freeskiing: Halfpipe, SkierX, Slopestyle Freestyle: all Snowboard: all	Alpine: SL, GS XC: Classic, Freestyle Jumping: n/a NC: n/a Freeskiing: n/a Freestyle: n/a Snowboard: n/a	Alpine: SL, GS, Parallel SL XC: Classic, Freestyle Jumping: Large & small hills NC: n/a Freeskiing: Halfpipe, SkierX, Slopestyle, Railjam Freestyle: n/a Snowboard: all	Alpine: SL, GS, Parallel SL XC: Classic, Freestyle Jumping: Large & small hills NC: n/a Freeskiing: Halfpipe, SkierX, Slopestyle, Railjam Freestyle: n/a Snowboard: all
Championships	World Cup, NorAm, US Nationals, Olympics	NCAA Nationals NOR AM finals US Alpine National Champs.	USCSA Nationals Individual may qualify for NCAA Nationals through regional competition	USCSA Nationals
Average Athlete	15 yrs. to 30+ years old	18+ and older athletes; May PG 0-5 yrs. before college	Mostly 18+	Mostly 18+
# Competitors-Season (Indiv/Teams)	Varies based on criteria; usually 1-8 athletes per team (A,B,C and Development)	2 Regions: 13 teams: East 6 teams: West	Over 175 teams compete in USCSA; 11 conferences, 6 regions.	Over 175 teams compete in USCSA; 11 conferences, 6 regions.
# Competitors-Championships (Indiv/Teams)	Varies based on meeting qualifications or national rankings	35 m, 35 w (max of 3 athletes per gender per team who qualify)	Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team)	Over 200+ Alpine compete at Nationals (max of 5 athletes per gender per team who qualify and top 3 results scored for team)
Coaching	Paid coaching staff	Paid coaching staff	Paid coaching staff	Varies club by club: Volunteer or paid coach, student coach(s) or self-coached
Website for more info:	http://www.usstteam.com/	http://www.ncaa.com/sports/skiing/DI	www.uscsa.com	www.uscsa.com
When/How to contact:	Review USSA guidelines for USST eligibility and contact regional USSA representatives for more information. Attend elite races and national and regional development system programs.	Email or call coach to arrange visit or learn more about team. Follow NCAA guidelines for eligibility, etc. on NCAA Clearing House. http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html	Email or call coach to arrange visit or learn more about team; adhere to NCAA Clearing House Guidelines if D-I school. http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.html Attend Fall USCSA College Fair. USCSA email: laurasullivan@uscsa.com	Email or call coach or student president of ski club for more information or “club sports” office at college/university. Attend Fall USCSA College Fair. USCSA email: laurasullivan@uscsa.com