

# 11 - PACIFIC NORTHWEST COACHES COMMITTEE

## Goals and Purpose

The Pacific Northwest Coaches and Education committees, both subcommittees of the ACC, are made up of all active coaches within the PNSA. The Coaches committee is the means by which coaches communicate their concerns and ideas amongst themselves and to the PNSA. The Education committee develops and produces educational opportunities. The goals of the committees are:

1. To advance, encourage and improve the coaching profession in all its phases, and to promote a better working relationship among those persons interested in the aspects of coaching and ski racing.
2. To further develop the ability of each PNSA Coach.
3. To better serve the common interest of the coaches by providing a means for the free exchange of ideas and information within the profession.

### Focus Areas

- Coaching Education
- Athlete Development
- Race Calendar Management
- Competition Policies
- Officials Certification

## Traveling Teams – Coaches Selection

Coach selections to any PNSA Traveling Team Coaching Staff are based on the following criteria:

1. The team with the greatest number of racers may be entitled to one coach.
2. All coaches selected for the PNSA Traveling Team Coaching Staff shall be a member of U.S. Ski & Snowboard as either a coach or an official and shall also hold a current PNSA Coach card, and shall be Referee certified by U.S. Ski & Snowboard.
3. The Selection Committee takes into consideration coaches' education and experience, the ability to work together with fellow coaches and all racers, and evaluations of past performances.
4. An Associate Coaches position may be made available in addition to the regular PNSA coaching staff. This associate position allows a less experienced coach the opportunity to gain experience at the divisional and regional levels. The funding for this position may come from the Coaches budget. However, when funding is not available, the coach or coach's home club may be asked to provide some, or all, of the necessary funding.
5. Clubs may send additional coaches who have not been selected to the PNSA Traveling Team Coaching Staff at their own expense.
  - a. Those clubs must submit the names of their additional coaches attending the race event to PNSA at the time of racer selection.
  - b. All additional coaches properly submitted by non-opting out clubs will be included on the PNSA "green sheet" as long as they are members of U.S. Ski & Snowboard as either a coach or an official and hold a current PNSA Coach card and are Referee certified by U.S. Ski & Snowboard.
  - c. Additional coaches attending are encouraged to integrate/cooperate with the designated PNSA traveling team staff coaches.
  - d. The designated PNSA traveling team staff coaches shall allow and facilitate such integration.
  - e. PNSA will bill the respective clubs for any additional costs.

## PROCEDURE

1. The Coaches Chairman, working with the ACC Selection Committee, will designate the head coach for each PNSA traveling team.
2. The Coaches Chairman and the Head Coach will select the rest of the staff from a list of qualified coaches who have indicated to their Program Director their race series preferences. At least one female coach should be appointed whenever possible.
3. All coach selections are the final responsibility of the Coaches Committee. If at any time there is a conflict, the Coaches Committee Chair should be notified immediately in order to rectify the problem.
4. Program Directors will fill out and return any request for their staff members.

## **Traveling Coaches Responsibilities**

### **HEAD COACH RESPONSIBILITIES:**

1. Coordinate with the PNSA office for wax, drills, radios, gates, and Medical Release forms, needed on the trip. This is to be handled prior to departure.
2. Arrange daily team meetings.
3. Assign daily duties to the assistant coaches, including always having one coach who is on-site and on-call while athletes are at the lodging property.
4. Attend or assign a coach to attend the Team Captains Meeting.
5. Arrange and coordinate waxing sessions.
6. Establish a reasonable curfew and see that it is enforced.
7. Be in charge of any necessary discipline procedures.
8. Communicate with the PNSA office or the designated PNSA spokesperson during travels on a daily basis.
9. Submit a report to the PNSA office after the race which includes any disciplinary and/or organizational problems, etc.
10. Provide the front desk of any PNSA lodging provider with cell phone numbers of the PNSA coaching staff for contact in case of emergency, including designating the daily on-call coach
11. If an athlete is injured, make contact with the hospital/medical facility, the injured athlete's parents and the PNSA office as soon as possible.
12. Be responsible for the safekeeping and ready access of PNSA Traveling Team Athlete's Medical Releases and arrange a plan to have that information provided to a Health Care Provider in case of emergency.
13. Such other duties that may be assigned.

### **ALL COACHES SHALL:**

1. Be a current member of U.S. Ski & Snowboard, have a Coaches Membership (ACO or XCO), for Alpine an updated Referee License (RF) and have completed necessary background checks.
2. Be housed with the team during the course of the trip.
3. Be responsible for team members on the hill. Chaperones will be responsible for the team members off the hill. When there are no chaperones assigned to the team, the responsibility for the team members will be assumed by the coaches. If team members are granted permission to stay at a different lodging site, the coaches/chaperones are not responsible for the actions of those team members when they are off the hill.
4. Conduct daily inspections of athletes' rooms for cleanliness and upkeep; and final inspection after the athletes move out.

5. Be knowledgeable of and adhere to the U.S. Ski & Snowboard Code of Conduct published in the U.S. Ski & Snowboard Alpine and Nordic Competition Guides.
6. Be committed to give 100% to ALL PNSA athletes at ALL times.

## **Coaches Code of Conduct**

The U.S. Ski & Snowboard Code of Conduct and the Center for SafeSport Code can be found in the [U.S. Ski & Snowboard Alpine Competition Guide](#) and on the [U.S. Ski & Snowboard website](#) respectively. The entire code, as stated in the U.S. Ski & Snowboard Competition Guide, and all PNSA policy stated in the Rules governing PNSA Competitors section of this manual, shall apply to all PNSA Coaches at all levels of PNSA racing, and when representing PNSA as part of an official team or as an individual.

## **US Olympic Committee Coaching Ethics Code**

All coaches are encouraged to read and comply with this Ethics Code. The code is available on the [Coaches' page of the PNSA website](#).

## **Membership Requirements**

PNSA requires all member club program directors and/or head coaches to have a U.S. Ski & Snowboard Coaches license. PNSA recommends that all club coaches obtain a U.S. Ski & Snowboard Coaches license.

## **PNSA Coaches Card**

The PNSA Coaches Card program offers complimentary lift tickets to eligible coaches at competitions in PNSA. Only coaches who have joined U.S. Ski & Snowboard with a Coach membership are eligible. The cost is an additional \$20.00 to the U.S. Ski & Snowboard Coach membership, and this fee is paid when joining U.S. Ski & Snowboard.

Only coaches who show as current on the U.S. Ski & Snowboard website, or those included in the U.S. Ski & Snowboard database supplied to SplitSecond or Vola timing software, are eligible. No physical cards will be issued.

## **PNSA Coaches Education**

[PNSA Coaches Education programs](#) are designed to maintain current coaching philosophies. The division strives to offer forums to keep abreast of current techniques and issues. Coaches are encouraged to participate in both [US Ski & Snowboard](#) and [PSIA](#) education programs as well.