



ANNUAL MASTERS SL & GS CAMP
CAMP VENUE - SUMMIT AT SNOQUALMIE –
SL JULIE’S & GS PACIFIC CREST – MEET AT
ROKKA SPARC GEAR LOCKER ROOM
10AM TO 12:00 & 1:00 TO 3:00
DECEMBER 27, 28, 29, 30, 2021

REGISTRATION – www.summitatsnoqualmie.com – Racing/Advanced Program - Masters

HOST/LOCATION:	SUMMIT AT SNOQUALMIE – SPARC MASTERS – SNOQUALMIE PASS, WASHINGTN		
EVENT:	<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
	DECEMBER 27	SL Technical & Tactical	Julie’s Lanes 6 & 7
	DECEMBER 28	SL Technical & Tactical	Julie’s Lanes 6 & 7
	DECEMBER 29	GS Technical & Tactical	Pacific Crest – Big Bill
	DECEMBER 30	GS Technical & Tactical	Pacific Crest – Big Bill Lane 3 Timed
SANCTION:	SUMMIT RACE DEPARTMENT MASTERS, US Ski & Snowboard Alpine Training System		
ELIGIBILITY:	Ages 18+ - Class 1 through Class 13 USSS MASTERS AND ADVANCED RECREATIONAL SKIERS AND FORMER RACERS		
EQUIPMENT:	Soft Ear Helmets may be worn by all SL competitors. Hard Ear helmet for GS. Fluor-carbon waxes are banned from all USSS Sanctioned Races. All equipment must conform to the USSS Masters regulations. The competitor is responsible for the equipment that he/she uses. Equipment may be subject to inspection at start. Competitors in Masters events are recommended to compete on equipment designed for the particular event (DH, SL, GS, SG); there are no recommendations in regards to ski length, radius or profile width. Maximum stand height is 50 mm. Maximum boot height is 45 mm.		
ENTRY FEES:	4-DAY CAMP \$250 or optional \$75.00 per SL or GS days. PAYMENT DUE AT ONLINE ONLY REGISTRATION – www.summitatsnoqualmie.com NO DAY-OF-CAMP REGISTRATION.		
ENTRY DEADLINE:	December 26, 2021. OR all registrations must be final and complete no later than 24 hours before Daily Briefing Meeting with Coaches.		
ENTRY SUBMISSION:	Entries completed online must be forwarded to: Camp Administrator – Dean Tonkin – dtonkin@summit190.com – 206-300-1928		
REGISTRATION:	ONLINE ONLY AND ALL USSS AND SUMMIT AT SNOQUALMIE COVID-19 POLICIES, PROCEDURES, AND PROTOCOLS WILL BE MONITORED BY THE SPARC CLUB COVID COORDINATOR.		
PNSA-USSS COVID -19 POLICY	Reminder that this season we will experience state, local and host resort/clubs COVID-19 requirements. These requirements will vary as we travel the PNSA division and other divisions. Choosing to not comply with these requirements is choosing to not participate. US S&S has endorsed this concept. If your personal beliefs do not align with the		

	<p>event/training requirements please find an event/training opportunity aligns with your beliefs. ROC's (Race Organizing Committees, Resorts and Host Clubs have my full support regarding their protocols. Should you have questions or concerns please shoot me a personal email or ring me up. Thank you in advance for you cooperation.</p>
COACH AND ATHLETE DAILY MEETING	<p>Daily Briefing of Plan, Outcomes, Standards, Performance at 8:30 – SUMMIT – ROKKA BUIDLING GEAR AND TUNING LOCKER OR (TBD) KID’S HUT AT ALPENTAL BY ST. BERNARD CHAIRLIFT AND YURT.</p>
ROC & COACHES	<p>Camp Administrators: Dean Tonkin – dtonkin@summit90.co, & Lauren Asher – lasher@summit90.com Coaching Staff – John Forsen, Knut Olberg, Tim Reinhardt, David Russell, Rand Little, Rich Murakami, Murray Greenwood, Doru Nica</p>
VOLUNTEERS:	<p>Volunteers for course maintenance and eyes-of-the-Committee will be appreciated for this event. Lift-ticket and additional day voucher provided. Register to volunteer online here – dtonkin@summit90.com</p>
AWARDS:	<p>REWARDS – DELIBERATE AND DEEP PRACTICE OF OPTIMUM PERFORMANCE SKILLS OF ATHLETIC STANCE AND DYNAMIC BALANCE, EDGE, PRESSURE, ROTATION, FLEXION, EXTENSION, ANGULATION, ELONGATION, AND INTRODUCTION OF PHYSICAL LITERACY AND CONDITIONING OF THE KINETIC CHAIN AND KINEMATIC CONDITIONING FOR WHOLE BODY SEQUENCING OF MUSCLE AND BONES MOVEMENT PATTERNS</p>
LIFT TICKETS:	<p>Athletes – Daily lift ticket or Season Passes.</p>
LODGING:	<p>SUMMIT INN – SR 906 ACROSS FROM SUMMIT WEST – CALL FOR RESERVATIONS - https://www.reservationdesk.com/hotel/6080548/summit-inn-snoqualmie-pass-washington Edgewick Inn – Exit 34 – I-90 (15 minutes to Summit) https://www.edgewickinn.com</p>