



Western Region 2022
U14 Spring Project, Palisades Tahoe CA, USA
Announcement

Project: Western Region U14 Spring Project Palisades Tahoe California

Dates: (Arrival April 17th) On-Snow April 18th – 21st, 2022.

Project Overview: The purpose of this project is to align a contact point within the Western Region that can assist our U14 athletes that are progressing through their divisional competitions by collectively working together in a training environment with the U14 age group.

Project Leader: Jeff Pickering, USSS, Western Region Development Coach, Troy Price (Rowmark), Jim Hudson (Palisades Tahoe) will lead the project. Marco Sullivan (TPT & US Ski Team Alumnus) will assist Western Region along with coaches from all five divisions. Additional United States Ski Team and Alumni will be on site to share experiences with the next generation of athletes.

What to expect: An environment that brings top U14 Western Region athletes and coaches together for the first time this season to a World Class venue, to refine and improve upon tactical and technical aspects and gain personal confidence as they move forward. The training environments are designed to be a progression in GS tactics and technique and a variety of speed elements. We will have a total of 6 groups, 3 Women & 3 Men. Groups will be led by their Divisional staff's. Athletes will be introduced to station training early on, then move into section training, and finally full length courses.

What to bring: GS & SG equipment (including a back protector) water bottle, all weather clothing, small note pad, athletic attire, homework and face covering.

Selection Method: Upon the completion of each division's final qualifiers Divisional Managers will notify Program Directors & Coaches of their division's selection. Each division will assign staffs to attend the project. The selection method is per each respective divisions policies (U14 only).

Project Size: 45 Women - 45 Men

Divisional Quotas:

- FW W 14 - M 14
- IMD W 15 - M 15
- PNSA W 8 - M 8
- AK W 4 - M 4
- ND W 4 - M 4

Project Fee: \$285 (excludes lift tickets - see information, below) Please pay fees at my.us skiandsnowboard.org. You must change DIVISION to FAR WEST to find the project.

Includes: Venue build & maintenance, WR Staff fees, project fee and project souvenir

Excludes: Lift tickets, travel, lodging, meals and Divisional fees

USSS Waivers: If you have not already done so for earlier projects this year, please complete these waivers <https://us skiandsnowboard.secure.force.com/camps/>

Lift Tickets: \$25 per day for U14 Athletes

Lift Ticket Link: Expires Friday, April 15th, 2022 at 11:59pm

<https://book.palisadestahoe.com/Ecomm/Package/Package/9647939/enUS/?packageid=59436&promocode=WRU14S>

Lodging Links:

Granlibakken Tahoe at Tahoe City

- **U14 Western Region Project April 17- April 21st** - travel window: 4/13-26
- <https://www.secure.granlibakken.net/irmng/#/?promocode=U14SPR> || or use
- <https://www.secure.granlibakken.net/irmng> promo code: U14SPR

Village at Squaw

The Village at Palisades Tahoe 1-800-403-0206(still waiting on a discount link)

Note to Parents, Athletes and Coaches: This project will be the first opportunity the Western Region U14 athlete's and coaches have had to work closely together for over a year. An over-arching theme and project will be focused on team building and getting to know one another as Western Region. This is how we will continue to work and progress successfully now and in the future.

This project is a day camp model. All lodging and transportation will be with parents or with clubs. Communication will be critical. Note: We will be training at the highest point of the mountain. Athletes will be bringing GS/SG skis up daily. Plan to prepare your own lunch, snacks and water for the hill. We will not be returning to the base area for lunch.

Sincerely,
Pick, Jim & Troy

Jeff Pickering USSS, Western Region Development Coach

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