

PNSA Junior Nationals Trip Preparation Checklist

Athlete: _____

<u>Done?</u>	<u>Deadline</u>	<u>What</u>
<input type="checkbox"/>	As soon as possible	Let Alan know if you will not go even if named to the team
<input type="checkbox"/>	As soon as possible	Be sure that you are a Competition member of US Ski and Snowboard
<input type="checkbox"/>	As soon as possible	Make travel arrangements
<input type="checkbox"/>	As soon as possible	Let Alan know if you have any food issues
<input type="checkbox"/>	Bring to Spokane Feb 17	Three PNSA release forms, completed and signed
<input type="checkbox"/>	Bring to Spokane Feb 17	Athlete Bio and Medical Info (if applicable) forms
<input type="checkbox"/>	Bring to Spokane Feb 17	Check for trip, \$1,300 payable to PNSA (or to PNSA office by March 1)
<input type="checkbox"/>	Bring to Spokane Feb 17	Check for jacket, \$65 payable to PNSA, if you need one
<input type="checkbox"/>	Feb 19, 10:00 PM	Order race suit from Podiumwear if you need one
<input type="checkbox"/>	Mar 1	Inform Alan of your flight itineraries
<input type="checkbox"/>	Before departure	Clean and travel wax your skis
<input type="checkbox"/>	Before departure	Mark your skis with your name and use
<input type="checkbox"/>	March 9, afternoon	Arrive in Anchorage airport by 5:00pm
<input type="checkbox"/>	March 17, morning	Depart from Anchorage airport by noon.