

## Race Description and Information

Saturday, February 18 is a Classic Ski race. Sunday, February 19 is a Freestyle race. The distance each skier will race is dependent on his/her age group. [USSA Membership](#) is required for **ALL** racers.

## Race Formats

Saturday, February 18: Classic Race, Mass Start

Sunday, February 19: Freestyle (skating) Individual Interval Start

Parking at the Selkirk Lodge: WA [Snow Park Permit](#) is required for parking for this weekend event

## Seniors/Masters Race Information

Masters Racers register for the race using [WebScorer](#), and are required to be [USSA members](#).

Cost is \$80 for both days (if registered by Feb 3th) and the course will be a 10k Classic skin on Saturday and 10k Freestyle on Sunday.

All racers will receive hot food on both race days for lunch a technical race t-shirt if registered before Feb 3rd.

## Awards/Race Scoring

1. Each day (Saturday: a classic race and Sunday: a freestyle race) awards will be given to the top three skiers in each category.
2. The Lollipop Race will be included in Sunday's races. Children under 6 yrs old will have the chance to complete a race and collect a lollipop for participating.

Announcement of the PNSA Junior Nationals Team will occur after the awards have been given on Sunday.

Parking at the Selkirk Lodge: [Snow Park Permit](#) is required for parking for this weekend event.

<b>Category</b>	<b>Age</b>	<b>Birth Year</b>
U10	9 and under	2007 & later
U12	10-11	2005-2006
U14	12-13	2003-2004
U16	14-15	2001-2002
U18	16-17	1999-2000
U20	18-19	1997-1998
Seniors	20-29	1987-1996
Masters	30 & older	1986 & earlier

# Fees/Distance:

Category	Race Distance (Sat./Sun)	Cost
Lollipopers	TBA	Free
U10	1 Km/1 Km	\$40 for two days, \$20 for a single day
U12	3 Km / 3 Km	\$40 for two days, \$20 after Feb 3
U14	3 Km / 3 Km	\$80 for two days, \$90 after Feb 3
U16	5 Km / 5 Km	\$80 for two days, \$90 after Feb 3
U18 Women	10 Km / 10 Km	\$80 for two days, \$90 after Feb 3
U20 Women	10 Km / 10 Km	\$80 for two days, \$90 after Feb 3
U18 Men	10 Km / 10 Km	\$80 for two days, \$90 after Feb 3
U20 Men	10 Km / 10 Km	\$80 for two days, \$90 after Feb 3
<b>Seniors Feb 3</b>	<b>10 Km/ 10 Km</b>	<b>\$80 for two days, \$90 after</b>
<b>Masters Feb 3</b>	<b>10 Km/ 10 Km</b>	<b>\$80 for two days, \$90 after</b>

## Single Day Racers

U12 pay \$20 for a single day of racing if they sign up before Feb 3rd. \$25 for a single day after Feb 3, 2017. All others pay \$40 for a single day of racing if they sign up before Feb 3rd. \$45 for a single day if they sign-up after Feb 4th.

## Registration

1. Online registration is required for participants wishing to compete in the Junior National Qualifier.
2. For non-JNQ categories, online registration is strongly encouraged, but “Day of Race” registration will be available at the Selkirk Lodge for an additional fee. Lollipop Racers do not register until race time.



# Maps

- > Download [1k course map](#)
- > Download [3k course map](#) for classic & skate
- > Download [5k course map](#) for classic & skate
- > Download [5k profile elevation chart](#)
- > Download [Stadium Map](#)

## Food

Hot lunch will be provided for all racers wearing bib numbers on both Saturday and Sunday.

## U14 & Below Waxing Rule

No HF waxes for U14 and below

# Awards

Prizes will be awarded at the venue, after all races are completed on Saturday and Sunday.

Spokane Nordic is committed to creating, developing and delivering programs to foster Nordic skiing within the greater Spokane Community through efforts of organization, advocacy, and communication.

Spokane Nordic Ski Association is a 501(c)3 non-profit organization.

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