



PNSA Development Plan

Background

At present a development plan for the PNSA division does not exist. New initiatives by National Development staff encourage PNSA to develop this plan in series with the National Development Program (Project 26) and Western Region Development Program. A development system is necessary to achieve the goals of the division as outlined in this plan and determine funding and financial needs required to implement the plan. The PNSA Development plan focuses on inclusiveness, development, competitiveness, and retention.

The plan attempts to answer the questions:

- What is PNSA going to do as a division to get athletes to regional teams?
- How the PNSA division will interface the club staff with the regional staff when divisional athletes move to the regional level?
- How will divisional staff then come back into division to share and collaborate their work and educate club staff to increase education as a whole across the division?
- How will PNSA division help to bring back that regional athlete to compete and contribute to the division?
- What are the development responsibilities of the division versus the club.

Vision

- A top-tier competitive division within the Western Region
- Develop athletes capable of moving to regional competition and beyond
- Retain more top-tier athletes within the division
- Attracting new junior racers into the division

Mission

To develop athletes that can compete at a regional level with the acquired fundamental skiing skills to achieve these goals.

Goals

- ✓ Podium athletes at regional Junior Championship events (measurable)
- ✓ Provide conducive environment to retain top tier athletes within our division
- ✓ Annually advance athletes to regional teams (measurable)

Strategies

1. Utilize the existing collaboration and cooperation between divisional clubs to support athletes and advance them to the regional level



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2. Calendaring appropriately to achieve the divisional vision and goal
3. Embrace fundamental tools that have measurable results such as Skillsquest throughout division
4. Emphasize fundamental skill development in GS and SL at divisional projects
5. Provide continued speed exposure in SG and DH and continue divisional projects and camps that include speed
6. Increase the professionalism and expertise of PNSA coaching staff through continued education, certification requirements, management and collaboration
7. Work divisionally to create value-added exposure to highest quality training venues and development opportunities

Additional Priorities

1. Emphasize strength and conditioning levels to athletes during divisional projects, camps and races
2. Increase collaboration and participation between NWCSC\USCSA and USSA Junior racing.
3. Engage young collegiate athletes in the development pipeline

Specific areas of focus

Coaches education & certification

- Supported higher education within USSA and PSIA
- Continued coaches projects and symposiums
- Increased role of PNSA Coaches Chairman for staffing projects, certification levels and coach's education
- Broaden the base of young coaches with the attraction of education and benefits
- Include all levels of coaches in support of increased professionalism
- Require published post project and divisional event write ups

Calendaring

- Calendaring that promotes competitive racing allowing younger age classes to ski up
- Races increase peer exposure to age and developmentally appropriate events
- Promote the exposure of athletes to their peers throughout the division
- To provide quality training blocks between events for all age classes
- Allow for divisional training projects and collaboration
- Continued focus on excellent race venues, surface preparation and well-organized ROCs



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Projects, Camps & Training

- Staffing at projects. Direct resources to high level coaching expertise
- Continue divisional off season projects i.e. SpeedWeek, August SL camp, etc
- Aggregate athletes regionally for training within peer groups at limited times of the year
- Require published project and team event write ups
- Management of out of division travel to benefit all athletes of PNSA. Via coach's chair, Exec Dir and ACC

Collegiate racing

- Collaborate with NWCSC\USCSA to increase participation between NWCSC\USCSA and USSA Junior racing
- Create a pathway from USSA racing to collegiate racing
- Encourage NWCSC\USCSA to participate in USSA

Athlete Development & Management

- Encourage U10-U12s to register with USSA
- Emphasis on membership to the PNSA Team and benefits of this top tier representation of PNSA
- Provide top-tier opportunities, coaching and support to PNSA's top-tier athletes
- A holistic development plan includes U10-U12-U14 development and race opportunities into the overall execution of this plan

Plan does not include

- Divisional preparation plan or periodization plan and/or guidelines
- Specific details on divisional camps, project plans and training
- Age class specific divisional development plans
- Competition plan for athletes