



Pacific Northwest Ski Association

A Division of U.S. Ski & Snowboard

PNSA Motion Form

Maker: Zach Hill Second: _____ Date: 11/9/20

What is the purpose of this motion, what will it accomplish, why is it being made:
To approve the preliminary PNSA Nordic Event Schedule as follows:

- Mt. Bachelor - January 11-12 (Monday-Tuesday)
 - Monday 3k/5k/10k/10k Classic - Interval Start
 - Tuesday 3k/5k Skate (all) - Interval Start
 - U14 TBD - but likely
- Methow - January 29-30-30 (Friday-Sunday)
 - Saturday Skate 2.5k - Interval Start
 - Sunday Classic 3k/5k/10k/10k - Interval Start
- Spokane - February 12-14 (Friday-Sunday)
 - Friday afternoon - Classic Sprint Qualifying
 - Saturday - Classic Sprint Heats (Knockout Heats)
 - Sunday - Skate Interval Start 5k/10k/15k

Does this motion replace an existing motion/rule/procedure? Please state what it replaces.

How will PNSA measure if this motion was successful in achieving its goal.



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Maker: Zach Hill Second: _____ Date: 11/9/20

What is the purpose of this motion, what will it accomplish, why is it being made:

To approve a restrictive wax policy to be enacted at PNSA Nordic Races as follows:

Please see attached document

https://docs.google.com/doc:ument/d/1SsrRyBaDLayjmTmuJzEGLqpgDOdnQ3q2NLG_DIxbHIM/edit?usp=sharing

To simplify waxing for both coaches and athletes at PNSA races, to assist in the ability to social distance at race venues and ahead of races, to reduce costs related to waxing for PNSA clubs, racers and families. It also has the added benefit of creating a somewhat more level playing field for competitors.

The USSS XC Sport Committee approved the following language in October that was ratified by the USSS BOD. The PNSA NCC would like to implement further restrictions, per the following. “U.S. Ski Team maintains a Fluorocarbon Free Policy for all Cross Country National Ranking List sanctioned events below the level of FIS sanctioned events. FIS sanctioned events must abide by all FIS rules including the “Implementation Delay” on the FIS Fluorocarbon ban. Divisions, regions, and conferences have the right to implement further fluorocarbon free policies within their respective jurisdictions in NRL sanctioned events below the FIS level.”

Does this motion replace an existing motion/rule/procedure? Please state what it replaces.

Wax Rules: a. For all age classes U14 and younger: No use of any wax containing fluorinated or Gallium components is allowed. b. For all age classes U16 and older: On the glide zones of skate and classic skis only hydrocarbon-based waxes, which may be non-, low- or high-flouro compounds, are allowed. Pure fluorinated solid blocks, sprays and liquids are not allowed; and waxes containing gallium products are not allowed. Liquids that are the same formulations as permitted HF hydrocarbon waxes are allowed. All products are allowed in kick zones of Classic skis.

How will PNSA measure if this motion was successful in achieving its goal.

If the racing season goes smoothly.