

NCC Spring Meeting Minutes, Draft June 3 Version 2
Ellensburg WA, Kittitas County Event Center
1:00-5:00 pm, June 1, 2019

1:00 Attendance

Present:

NCC Chair:	Alan Watson
Bend Endurance:	Zach Hill
Kongsberger:	Jeff Hashimoto
Leavenworth:	Nancy Bywater-Johnson Carrie Baker
Methow:	Leslie Hall Pete Leonard
Momentum:	Zach Russo Courtney Vorhees
Mount Bachelor:	Dan Simoneau Kelly Simoneau
Plain:	Pierre Niess
Spokane:	George Bryant Mike Burns
Teacup:	Karl Andersson

Absent:

Athlete Rep:	Dakota Blackhorse-von Jess
Sandpoint:	Vicki Longhini

1:05 Approval of Fall 2018 Minutes

Passed (moved by George, second by Pete, unanimous)

1:10 USSA Convention Report by Alan; Leslie and Zach also attended

Tiger Shaw's keynote address

USSS is doing lots of great things for elite athletes

Tiger's talk was mostly about spending, with minimal mention of where revenues come from
He made zero mention of non-elite athletes

Safesport

There is wide support for the goals of safesport, lots of skepticism about cost and bureaucracy
Safesport organization growing and still getting organized, there is still ambiguity about rules
Expanded this season to athletes who turn 18 during competition year

Membership fee increases

There were some vigorous discussions, but management seems inflexible

One higher level TD suggested returning to having same-day non-ussa races for youngers

Still figuring out what to require of Canadians at non-FIS NRL races

U14 Comp Membership price increases to equal U16 and over

U14 NRL Points

U14 and below races will no longer be scored

No reason for U14s to buy a comp membership unless they intend to race at JNs

Western Coaches Certification Conference: Bend Sept 13-15

PNSA is tentatively planning a coach conference (alpine and cross country) date TBD

Date changes

US Nationals 2 days earlier: now Jan 2, 3, 5, 7

SoHo SuperQ Feb 14-15 (Fri-Sat) in conjunction with RMISA UofU; no sprint

JN21: Wirth Park, Minneapolis, Mar 8-13 2021

XCX (Cross Country Cross)

Not in FIS, but FIS is talking (eyeing TV revenue), Fish thinks it will come

Guidelines added to comp guide; races to be run like sprints

USSA wants us to experiment, be on the front as we were in sprinting

Last year there were successful xcx races in east and midwest

West REG restructure beginning 2020

Too many declines, not stimulating enough

Qualification will be more restrictive, clear immediately at JNs, minimal secondary asks

Rotate host sites: Aspen in 2020; PNSA can bid after

Western Region administrator proposal by western divisions

The objective is to be able to pay a coordinator to oversee scheduling, REG, SuperQ

To be financed by collecting an extra \$20 or so on USSS membership renewal

Alpine has a Western Region with paid staff of four, escalated from original intention

Some PNSA alpine people think PNSA would be better off without it, advise Nordica against

Not clear if this needs PNSA approval

Might be awkward if other western divisions agree leaving PNSA the odd man out

Schedule, national level, selected events

Nov 29-30: West Y FIS

Dec 6-8: Canmore SuperTour: Sprint Free, 5/10 Free, 10/15 Classic

Dec 14-15: Sun Valley SuperTour: Sprint Cl, 10/15 free interval

Jan 2-7: Houghton US Nationals: 10/15 Free int, Sprint free, 7.5/20/10/30 cl mass, sprint cl

Mar 9-14 (Mon-Wed-Fri-Sat): Auburn Jr Nationals: ind classic, sprint free, mass free, relay cl

Mar 17 (Tue): Minneapolis WC Sprint

Mar 8-13 2021: Minneapolis JNs

Division Benchmarks

Requirements much less onerous than prior year's proposal

Draft NRL calendar for each division must be submitted to USSA by May 7 each year

TD s

Each division is expected to carry out TD training

Fee increases: expenses, meals and mileage at GSA rate, per diem \$100/day each for TD, TDA

Every NRL venue should have at least one local Level 1 to act as TDA to save expenses

Long run USSA goal is to have education/certification scheme analogous to coaches

We can host one day TD training this fall at place and location TBD if sufficient interest

Qualification 5.B re-write (proposed by Alan, new section attached):

Main features:

9 skiers in each of four age/gender classes rather than total team size of 36

Eliminate out of division

Eliminate letter of intent

Discussion

Pros: simpler to understand, maybe fairer, existing does not reflect stronger age/gender groups

Cons: inflexible, we might have a group without 9 good skiers

Action: FAILED (moved by Dan, seconded by Zach Hill)

Eliminate Rule 5.B.3 (letter of intent requirement)

Discussion: Too many late responses, will try getting same information from club coaches

Action: PASSED (Mike, Leslie, unanimous) [Subsequently APPROVED by PNSA board]

Team size for 2020 Junior Nationals

Action: Set 2020 team size at 36 plus any out of division: PASSED (Jeff, Dan, one opposed)

Waxing restrictions (Zach Hill)

Discussion

Pros: cost savings and safer to reduce flouros use

Cons: Need experience with all waxing, no enforcement mechanism, can lead to cheating

PNSA board previously denied NCC motion to limit flouros based on lack of enforcement

Proposal: Adopt Intermountain rule as posted on web site, but with grammatical improvements

Action: PASSED (Jeff, Leslie, 5-4)

[Subsequently APPROVED by PNSA board: Will be added to PNSA Comp Manual as Rule 5.A.5.]

2:30 JNs 2019 Review

Survey results: main constructive criticisms

Housing

Closer together

Food

Healthier

Cooks less ornery, less controlling

Snacks more available

Hungry

Age group coaching

More organized

More supportive

Wax

less rude

fair to all

Other ideas

parent guide beforehand

job descriptions: racers, coaches, waxers, parents

Other observations

Downhill falls: too many at JNS, we need training on downhill corners
 Testing kick wax: kids need to do better identifying kick zones, good testing

2:45 JN20 Truckee

Travel will be Fri, Sun

Houses: nothing arranged yet, likely same rental agency as 5 years ago
 team vans

BEA, MBSEF, Methow, Spokane: each agreed likely
 PNSA will reimburse \$500 plus gas

Food

Various parents involved in dinners

Breakfasts at sleeping houses and sack lunches made night before, but food purchased for
 whole group

Jackets and uniforms

Feedback from kids that current HH jackets are less desirable for both training and general wear

We will look at Podiumwear warmup jackets as an alternative

Sense that PNSA uniforms could be updated, but no decision to change

3:00 JNQ Schedule

Constraints (cannot satisfy all)

Four meets, three in PNSA plus SoHo SuperQ

Not on back-to-back weekends

Last meet at least two weeks before JN departure

No JNQ during US Nationals

No JNQ in December

Schedule:

weekend	JNQ and JN Races	Wash Nordic Cup	Other Races
Nov 29-30			West Y SuperTour
Dec 6-8			Canmore SuperT
Dec 14-15			Sun Valley SuperT
Dec 21-22			
Dec 28-29		Rodeo, Methow 12/28	
Jan 4-5			US Nats Jan 2-7 Gunnar Hagan, Kong 1/5
Jan 11-12	BEND JNQ	Skirennen, Leavenworth	
Jan 18-19	SPOKANE JNQ		
Jan 25-26		Hanz's Big Adventure 1/25 Kongs Stampede 1/26	
Feb 1-2	METHOW JNQ		
Feb 8-9		Plain SkiCross 2/9	Methow Ski to Sun Spokane Langlauf
Feb 15-16	SoHo SUPERQ (2/14-15)		
Feb 22-23			OR HS Champs
Feb 29- Mar 1		WNC Finals Kongsbergers	Ozbaldy Kongs 3/1

Mar 7-8	JNs Mar 5-14		
Mar 14-15			
Mar 21-28			Spring Series, Sovereign 3/26-4/2

Venues other than Bend, Methow, and Spokane are welcome to bid
Formats (U16/U18F-20/U18-20M)

Bend and Methow will each host one sprint and one distance

Spokane will look at hosting XCX

SoHo: Fri 5/5/10 individual free; Sat 5/10/10 mass classic

Name team at SoHo: logistics

How many JN team skiers will miss SoHo?

Extra time before departure from Utah?

Suggestion to ask SoHo to host XCX on Sunday morning

3:45 Non-JN Races

Washington Cup

OISRA

Others

4:00 Camps

U16: Duluth, July 22-29

Qualified: Bodhi

Division: Jack, Jori

REG: Park City, July 22-28

Qualified, accepted: Novie, Annie, Ella, Walker, Garrett, Travis

Qualified, declined: Hadassah

Secondary invites, accepted: Sarah, Hunter

Secondary invites, declined: Gretta S, Greta L

Fire and Ice: MBSEF, Bend, June 15-19

Trout Lake: BEA, July 17-21

Methow: Aug 14-18

4:15 Added: PNSEF Grant Requests

Ask after editing by PNSA Treasurer: \$8,100 for JN entries (36 x \$225), \$3,000 for JN wax

4:30 TDs and TDAs

Discussed as part of USSS Congress report

4:40 Growing the Sport

Omitted because of time constraints

4:30 Nordic Director/NCC Chair, Trip leader

Alan is retiring from both roles, will help with transition during coming season

Nordic Director Duties (some can be delegated)

- Chair spring and fall NCC meetings, attend associated PNSA board meetings
- Member PNSA Executive Committee, occasional phone meetings
- Represent PNSA at USSC congress (sport committee), other (phone) meetings
- Oversee JNQ series, JNQ points
- Chair selection committee at final JNQ

PNSA bylaws say that Nordic Director is appointed by PNSA Executive Committee with input from NCC

Nordic Director Candidates

Dakota Blackhorse-von Jess expressed willingness at USSC Congress

Bend

PNSA junior

Top level racer until 2018 Olympics

Current member of Cross Country Sport Committee

Other candidates were mentioned

Straw poll balloting showed six in favor of Dakota, two favored others

JN Trip Leader

Nobody attending volunteered

Straw poll was divided, inconclusive

[After the meeting Jeff Hashimoto suggested that he might be able and willing]

4:55 Fall Meeting

We will shoot for October 19-20 at Kongsberger Cabin, Cabin Cr near Snoqualmie Pass, if available
TD and Race Organizer clinic in conjunction if enough interest

5:00 Meeting Adjourned

4:15 Fall Meeting

With PNSA alpine and BOD

With PNSA symposium

With USSA western coaching conference Sept 16-18 (M-W)

With PNSA TD training

By phone