



FREESTYLE/FREERIDE HEAD COACH JOB DESCRIPTION Addendum A

QUALIFICATIONS:

- 2 or more years of FreeStyle/FreeRide coaching experience
- Competitive background in ski racing or freestyle/freeride competition
- Understanding of competition level tricks and style
- Understanding of and ability to demonstrate and teach modern Park and Ride technique and tactics.
- Excellent communication skills; verbal and written
- Experience with Microsoft Word and Excel
- Willingness to excel as Team Player
- Must have a legal, insurable driver's license

RESPONSIBILITIES:

▪ Athlete training and preparation

- Design and implement athletic plan for FreeRide Competition, Training, Development and Race and Ride Programs, review and present with Program Director prior to Parent Meeting
- Conduct Fall dryland training including but not limited to Windells aerial sessions and one a weekly after school ramp starting in October
- Coach athletes and be present during all scheduled trainings sessions, Cooper Camps, including all no-school contract days as outlined by the Hood River School Districts
- Be on time and professionally prepared for all coaching sessions, competitions, and CSRT functions
- Implement and adhere to invert and trick progression as outlined in CSRT invert progression policy.
- Maintain trick progression log of all Training and Competition level athletes.
- Conduct athlete video analysis on a regular and when needed basis
- Identify FreeStyle/FreeRide on-hill, pipe, and park safety measures and provide to Director prior to Parent Meeting
- Ensure on hill safety measures are always adhered to
- Communicate FreeStyle/FreeRide and Ride & Race Team progress on a bi-weekly basis to PD
- Create and maintain excellent relationship with athletes, parents, area resort staff
- Manage athlete injuries and return to activity and sport
- Works with parents and athletes to identify appropriate skis and equipment
- Meet with athletes, coaches, and parents for program nights/explanations
- Drive athlete van to mountain when needed.

- **Competition**
 - Identify CSRT competition calendar for Comp and Training Team athletes. Submit prior to December
 - Coach at competition events as outlined on CSRT competition calendar
 - Stay current and up to date with competition tricks and scoring system.

- **Administration/Management**
 - Identify Assistant FreeStyle/FreeRide coach/s for Saturday and Sunday
 - Conduct a coach education clinic for Associate Coaches in the pre-season.
 - Convey training plan and the plan's purpose to Associate Coaches prior to every training session.
 - Help nominate athletes for awards, scholarships, etc as necessary
 - Provide written evaluations to Associate Coaches prior to March 24.
 - Assist in athlete goal setting/evaluation procedures twice a year, pre and post season

- **Communications**
 - Provide leadership and regular communication with key individuals and groups:
 - Athletes & Parents
 - Assistant Coaches
 - Communicate on a weekly basis with
 - Program Director
 - Send a once a week email to program participants outlining the who, what and where for each upcoming weekend.
 - Participate and help organize ski sign-ups and other special events
 - Recruit new participants into team programs
 - Attend fundraising events if asked
 - Help organize and participate in Pre-season Parent Meeting
 - Clearly communicate the CSRT's Mission and Purpose

- **Professional Development**
 - Conduct on snow professional development sessions for Associate CSRT FreeStyle coaches
 - Attend professional development courses/seminars to upgrade/update personal coaching skills.