



MT. HOOD RACE TEAM
presents
the 42nd Annual
OREGON 4-WAY CHAMPIONSHIPS
February 5-7, 2010



Sponsored by:

Legacy Health System



Mt. Hood Race Team and Mt. Hood Ski Education Foundation invite you to the *42nd Annual Oregon 4-Way Championships*, February 5th through 7th, 2010. Events will include Classic Cross Country and Jumping on Friday, Giant Slalom on Saturday, and SL on Sunday.

PRELIMINARY EVENT INFORMATION

ELIGIBILITY & CLASSES: The championship is open to J5 competitors (ages 9 & 10) and J4 competitors (ages 11 & 12). Age is determined as of December 31, 2009.

RACE ENTRIES: To register on-line go to www.mthoodacademy.com, click on *Races Hosted by MHSEF* and proceed to the Oregon 4-Way Championship information. Payment is accepted on-line, or send the entry fee check, along with the required Release form to:

MHSEF Race Secretary
2229 NE Burnside ST. #234
Gresham, OR 97030
P: 503-272-3503 F: 503-296-5314

To enter by mail, use the Entry form provided on the web site and mail along with the entry fee check and Release form to the address above by the entry deadline.

4-Way Entry* (XC, Jump, SL, GS) – \$80.00

*Must register for all events to be eligible for the Ski Meister Award.

Alpine Entry only (SL & GS) – \$60.00

ENTRY DEADLINE: Completed entry forms, entry fees, and liability release must be received by 6:00pm, Tuesday, February 2nd. **Absolutely, no entries will be accepted by phone or on the day of the race.** A List of Competitors will be posted on the Internet Wednesday night, February 3rd. Please verify receipt of your entry at www.mthoodacademy.com. **Total race field will be limited to 200 competitors.**

CUTTING the FIELD: The *Oregon 4-Way Championship* attracts many young racers from around the Northwest. The race field will not exceed 200 total boys and girls. If the field must be cut the following procedure will be used: First, any racer without a complete and paid entry will be cut; second, racers from teams outside Oregon will be cut - youngest racers to oldest racers. Racers cut from the event will have their entry fee check destroyed or (PayPal) refunded.

CANCELLATION: Racers who wish to cancel their entry must do so by 6:00pm on Thursday the 4th. There will be no refunds of any kind after Thursday.

RACER BIBS: Bibs will be issued by team each morning at Race Registration (Friday, Saturday and Sunday). On Friday, competitors will use the same bib for both Nordic events, and return bibs after the Jumping competition to the Multorpor Lodge. On Saturday and Sunday, competitors will return bibs each day to the scoreboard at the completion of each alpine event. Racers will be charged \$50 for missing bibs and/or not allowed to compete in the next competition.

REGISTRATION: Friday - Multorpor Lodge 9:00 am – 10:00 am
Saturday - Outback Lodge (Skibowl West) 7:00 am – 8:30 am
Sunday - Multorpor Lodge 7:30 am – 8:30 am

RACE LOCATIONS: The Classic Cross Country and Jumping events will be held at Skibowl East (Multorpor). The Giant Slalom race will be held on Reynolds Run at Skibowl West. Sunday's Slalom event will be held on the Cascade Chair, again at Skibowl East (Multorpor).

LIFT TICKETS: Racer lift tickets are \$22.00 and must be purchased each day. On Friday and Sunday, tickets are purchased at the Multorpor ticket booth in the parking lot. All racer tickets on Saturday will be purchased at the Skibowl West ticket windows behind the Skibowl Lodge.

FRIDAY'S SCHEDULE – CROSS COUNTRY & JUMPING: (subject to change)

9:00am	Registration opens – Multorpor Lodge
9:30am	Team Captain's Meeting
9:45am	Cross Country track open for warm-up
10:30am	Classic Cross Country Race
12:30pm	Practice Jumps
1:00pm	Jumping Competition

SATURDAY'S SCHEDULE – GS RACE: (subject to change)

7:00am	Race Registration opens – Outback Lodge at Skibowl West
7:45am	Team Captain's Meeting
8:00am	Lifts open to competitors
9:45am	1st run – Women followed by Men
1:15pm	2nd run – Women followed by Men

SUNDAY'S SCHEDULE – SL RACE: (subject to change)

7:30am	Race Registration opens – Multorpor Lodge
8:00am	Team Captain's Meeting
8:15am	Lifts open to competitors
9:30am	1st Run – Women
10:30am	1st Run – Men
1:00pm	2nd run – Women
2:00pm	2nd run – Men

AWARDS: Awards will be presented after the completion of each day's events. The *Skimeister Award* will be given to the boy and girl in each age class, J4 & J5, with the best all-around performance from all 4 events. Time and location tba.

LODGING SPONSOR: Collins Lake Resort and the Grand Lodges are the official lodging of the Oregon 4-Way Championships. Go to www.collinslakeresort.com or call 1-800-234-6288 for reservations.

Other Government Camp Lodging:

Gov't Camp Village Rentals	www.governmentcamp-village.com	1-888/745-1077
Huckleberry Inn	www.huckleberryinn.com	503/272-3325
Mt. Hood Inn	www.mthoodinn.com	503/272-3205
Summit Meadow Cabins	www.summitmeadow.com	503/272-3494

OTHER INFORMATION:

- Check back at www.mthoodacademy.com for further event information.
- **Oregon Snow Park Permits** are required for vehicles parking at Mt. Hood ski areas.
- Due to snow removal, overnight RV parking in Skibowl parking lots may not be allowed.