

ALL OUT! THE JOURNEY CONTINUES



Alpine Age Change Planning

<u>Nomen - clature</u>	<u>U10</u>	<u>U12</u>	<u>U14</u>	<u>U16</u>	<u>U18</u>	<u>U21</u>
Season 2012-13 Ages	2003-later 9 & younger	2001-02 10-11	1999-00 12-13	1997-98 14-15	1995-96 16-17	1992-94 18-20
Alpine Training System Focus	Play and games – innovative motor and technical skill focus SL, GS, Kombi	Leagues and teams – instill love of sport SL, GS, Kombi	Introduce terrain elements SL, GS, SG, Kombi	Introduce speed elements, skill acquisition DH, SL, GS, SG	4 event focus, skill perfection	4 event focus, mastering all domains
Competition	USSA U10 State and Divisional Council Festivals	USSA U12 State and Divisional Festivals	USSA U14 State and Divisional Champs	Select FIS Children, USSA U16 Regional JOs	FIS WJR, NAC and U18 National JOs	FIS WJR and COC
Ranking	N/A	N/A	N/A	USSA	FIS/USSA	FIS/USSA

TEAM - LOYALTY - INTEGRITY - RESPECT - ACCOUNTABILITY - PERSEVERANCE

