

**WESTERN REGION POLICIES AND PROCEDURES
2009-2010**



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TABLE OF CONTENTS

Introduction, Mission, Governance	Page 3
Staff, Operating Rules of the ACC	Page 4
Appeals Committee	Page 6
Coach Program	Page 6
Conduct	Page 8
Western Training System	Page 9
Project Refund Policy	Page 11
W.E.S.T. Regional Team	Page 12
Intent –To- Compete	Page 14
Selection Board Method	Page 17
Western Races Series and Championships	Page 20
WR Elite FIS Series	Page 20
Automatics	Page 21
WR FIS Series	Page 25
WR Divisional & ENL	Page 26
Region's Entry fee	Page 26
Entry Fee Refunds	Page 27
WR Junior Champs	Page 29
J3 JO	Page 29
Site Selection and Race Bids	Page 33
Awards	Page 37
Figures and Tables	
Automatics	Page 21-26
USSA & WR Entry Fee	Page 26
Jr Championships Quota Distribution	Page 29
J3 Quota Distribution	Page 31

WESTERN REGION POLICIES AND PROCEDURES 2009-2010

The USSA Western Region is one of three USSA regions established under the authority of the USSA Alpine Sport Committee (ASC) and responsible for the regulation of the sport of Alpine Ski Competition within the geographical area of the Western United States. It consists of the five western divisions: Alaska, Far West, Intermountain, Northern and Pacific Northwest. The Western Region Alpine Competition Committee establishes the regional policies, procedures and operating rules for the Western Region. The region is charged with the design and conduct of all International Ski Federation (FIS) races and Junior Olympic competitions in the West for each season, fields teams for NorAms, the U.S. Alpine Championships and other events, conducts a series of development projects for regional and divisional athletes, and names a Regional Team, the Western Elite Ski Team (W.E.S.T.) for who's members the region assists in their development within the athletic pipeline of USSA and the National Development System.

Mission Statement

The Mission of the Western Region ACC is to:

1. Promote elite level alpine competition within the boundaries of the Western Region, recognizing the region's role at the elite level and the division's roles at the entry level and club levels of the sport;
2. Coordinate the efforts of the five divisions within the Western Region in areas of common interest, concern, and responsibility;
3. Promote the development of elite athletes from the five divisions of the Western Region;
4. Maintain a governance structure that provides for the collective needs of the five western divisions, and represents the five western divisions to the USSA Alpine Sport Committee for Alpine as a subcommittee of that committee.

Western Region Governance and Management

The Western Region ACC is composed of the five divisional presidents and divisional Alpine Competition Committee chairmen or their designated representatives, three athlete representatives, a representative of the major collegiate association, and a representative of the alpine official's community. The specific goal of the ACC is to regulate the conduct of USSA Championship and FIS competition in the Western United States, to represent the five Western Divisions at the National ASC level, and to develop the best regional competitors by developing and implementing race schedules and series, qualifying procedures, and athlete-training situations, as a region, which will best utilize resources and promote athlete progress.

Specific actions of the Western Region ACC have included the adoption of Western Region quota team selection procedures and a framework of qualification events, adopting the design and governing rules of all FIS competitions below the level of Continental cups in the region, the creation and conduct of a regional team, the creation of training opportunities for the regional team and training groups, the promotion of a physical evaluation system, the conduct of a Junior Olympic race program, and the representation of the Western Region's views in the National Alpine Sport Committee. Quotas to major national race series, such as NorAms, U.S. Alpine Championships and Junior Olympics are awarded on a balanced regional basis using performance and population as guidelines that provide for excellent representation of the divisions of this large and diverse region.

Committee:

Chairman:	Craig Krueger	Whitefish, MT
Vice Chairman:	Karen Korfanta	Park City, UT
Treasurer:	Bill Gunesch	Government Camp, OR
Secretary:	Curtis Shuck (PNSA)	Vancouver, WA
Past Chair:	Curt Hammond (Officials)	Mercer Island, WA
	Chuck Holcomb (PNSA)	Spokane, WA
	Darcy Davis (Alaska)	Anchorage, AK
	Ruben Macaya (IMD)	Ketchum, ID
	Aaron Atkins (Far West)	Truckee, CA
	Todd Kelly (Far West)	Truckee, CA
	Martin Stewart (Alaska)	Anchorage, AK
	Rob Crick (PNSA)	Spokane, WA
	Rick Duncan (NOR)	Deer Lodge, MT
	Andre Horton (Athlete)	Anchorage, AK
	Gina Gassman (Athlete)	Bozeman, MT
	Steve Bounous (IMD)	Salt Lake City, UT
	Roger Bay (NOR)	Bozeman, MT
	Kristi Revello (Athlete)	Truckee, CA
	Sparky Anderson (RMISA)	Anchorage, AK

Staff

The Western Region Staff are representatives of the National Development System for the West and the advocates for Western athletes within that system. They are the primary implementers of national and regional policies in the NDS. They also are charged with formulating and implementing regional programs, management of regional projects, management of regional policies and procedures, and assisting the USSA coaches Education Department in the development of American coaches. As the volunteers do at the committee and working group level, the staff represents the interests of USSA members, clubs, divisions, and regional staff formulation and implementation of USSA's efforts.

Director:	Lester Keller	Salt Lake City, UT
Regional Coach:	Jeff Pickering	Whitefish, MT
Development Manager:	Jennifer Stielow	Missoula, MT
Administrator:	Stacey Brown,	Ogden, UT

Operating Rules

The Chairman and Vice-Chairman of the Western Region ACC will be confirmed by the regional ACC each year at the USSA Spring Congress. The Vice-Chairman will be the succeeding Chairman whenever the Chairmanship is vacated or at the end of the Chairman's term. The normal term of office for the chair is three years. When the new Chairman is named a new Vice-Chairman will be elected.

There will be two voting members from each division, one voting member from the NCAA, three voting athlete members, one voting past Chairman, and a representative of the alpine officials. The divisional President and Alpine Competition Committee chairperson (or an equivalent position), each carry one vote; each must designate one alternate, on an annual basis, who may carry their vote in the normal member's absence. The Chairman votes only to break a tie. Officers may vote if they are designated representatives of their division or hold one of the other vote-carrying positions. All Western members of the USSA ASC are ex officio members of the committee but can only vote if designated as one of the two voting members or as an alternate for their division. No proxy votes are allowed; only the voting members or a

designed alternate may vote at any meeting. Voting members and their alternates are established annually, at the time of the fall meeting.

Voting Entity	Votes
Division (2 per division)	10
Athletes	3
NCAA	1
Past Chairperson	1
Officials	1
Total	16

A majority of the voting members present at a scheduled meeting will be required to approve any motion before the committee. All new business at scheduled meetings must be distributed in advance. There are three standing subcommittees: an Executive subcommittee, a Development sub-committee and a Calendar subcommittee.

The Executive subcommittee is chaired by the ACC Chairperson and is responsible for oversight of the regional budget and funding, liaison with the Great Western Ski Education Foundation, quota issues, and representation to the National Alpine Sport Committee. The Executive subcommittee also includes the Vice-Chairman, past Chairman, treasurer, secretary, and the Regional Director. The Executive sub-committee may act for the whole committee on issues requiring action between regular meetings and will meet in person or by other means when it is deemed necessary by the ACC Chairman. The ACC Chairperson or his/her chosen alternate is one of the Western Region members to the Alpine Sports Committee. The second Western ASC member is chosen by the full Western Region committee and serves a two- year term at the pleasure of the committee.

The Calendar subcommittee will oversee the process of recommending the siting of regional events to the Regional Director. This subcommittee is chaired by the Past Chairperson. They will recommend procedures and guidelines to be used in the site-selection process and will screen bids for events. They will make siting policy recommendations to the full committee each year during the USSA spring Congress. The sub-committee, in conjunction the Western Region Director will make the final decision on relocating events during the season when this becomes necessary. This committee will also provide philosophical input to the Regional Director and to the national Calendaring Working Group on matters affecting the design of calendars by USSA. The Regional Director is charged by USSA as being a "Calendar Commissioner" for his/her geographical area for FIS and Junior Olympic events and has the responsibility and authority to produce the final annual calendar.

The Development subcommittee is chaired by the Vice Chairperson and is charged with staff interface for team selection and quota management, regional preparation and competition projects, regional coaching policy, children and youth issues, and representation of Western Region's views to the National Development Committee. Other members are the Regional Coach, the Regional Director, the Regional Manager/Youth Coordinators and one representative from each Division.

The sub-committees should meet prior to each ACC meeting and recommend policy, procedures and rules to the ACC for consideration and action. The chairperson of each subcommittee is responsible for calling meetings of the group and for communications within the group. The ACC chairperson at the spring meeting appoints subcommittees annually. A complete roster of committee appointments will be published and maintained in the regional office.

The Vice-Chairman of the committee, as the selection chairperson, will receive results from all Western Region selection events and will certify the correctness of the selections for all quota teams. He/she will report on quota team selections annually at the meeting of the Western Region ACC during the USSA spring meetings. The Vice-Chairman is one of the Western representatives on the National Development-working group.

The WR committee is responsible for the taking, and timely publication, of meeting minutes and will appoint a secretary annually to accomplish this task.

The WR committee will appoint a treasurer annually who will oversee the finances of the region. The treasurer will establish an account to which all-regional head tax fees will be deposited. Disbursements will be made from this account to the Western Region operating account in accordance with grant-budgets approved by the Western Region ACC. The treasurer will provide a detailed quarterly financial statement yielding current quarterly and year-to-date information. A balance sheet as well as financial summary is to be distributed to the committee on a quarterly basis. This information will be reported at each WR ACC meeting.

The chairman, from nominations submitted by the divisions, will appoint the athlete representatives on the committee. Nominees must meet the requirements of the U.S. Amateur Sports Act and should be active as competitors or coaches in the Western Region at the time of the appointment. Athlete members will serve for staggered three-year terms. Athlete members will serve a maximum of two terms. Normally, one athlete member will be appointed each year. When a vacancy occurs in midterm, a replacement will be appointed for the remainder of the term. An athlete appointed to complete the term of another will be eligible for reappointment to two full terms.

Western Region Appeals Committee

The Western Region Appeals Board is the first level of appeal for decisions involving eligibility and selection for Western Region teams to national events (NorAm's, U.S. Alpine Championships, etc.). The board acts as the second level in the appeals process, after the divisional appeal boards, for decisions involving eligibility and selection for divisional teams to Western Region and national events (Western Region Elite FIS Series, Western Region FIS Series, Western Region Junior Championships, J3 Olympics, etc.).

This committee also hears appeals to regional disciplinary actions concerning Code of Conduct and other WEST team agreement violations. Appeals may also be directed directly to the national appeals process from time to time.

The board will consist of up to five members appointed by and serving at the pleasure of the ACC Chairman, however the default membership are the presidents of the five western divisions. When a designated member is not able to participate in a decision, the ACC Chairman may appoint a replacement. A majority of the board must concur in any decision. A person who served on a lower-level appeals board whose decision is being reviewed may not be a member of the regional board that hears the appeal.

Appeals, along with the appropriate fee, should be addressed to the Western Region ACC Chairman: Craig Krueger.

Western Region Programs

Western Region Coaching Program

For all major USSA and FIS national series and events, where the Western Region has the responsibility and authority to organize a team, a coaching staff will be named for the team.

There will be a head coach and assistants for each of the men and women's squads. Additional coaches will be added for events involving downhill. The Western Region Director will determine the number of coaches as necessary for a particular meet or series.

As a Western Region coach, your responsibility is to the entire team. While divisional/club affiliations mean familiarity with athletes from your home program, you have assumed responsibility for working with all of the athletes representing the Western Region. Nomination for inclusion as Western Region staff for events is outlined on the Western Region Competition Projects Coaching Staff Nomination Form (available on the 'Resources' page of the region's website). Nominations may be made by a coach's home program and must be endorsed by his/her division. Only coaches that have been duly nominated will be considered for staff positions, and no coaches will be included as accredited staff without the approval of the Regional Director.

Coaches' Responsibilities

All members of project staff(s) must be current members of USSA and carry a coach membership/license. All coaches must be eligible under USSA rules to serve as a referee and course setter.

All coaches must adhere to and support the conditions of the USSA Code of Conduct and the Western Region Team agreement. Coaches are required to be prepared and ready to carry out their responsibilities at all times.

Head Coaches shall:

1. Implement guidelines for a trip as established by the Western Region ACC and the Western Region Director.
2. Manage the project in accordance with USSA & regional policies, procedures, and methods.
3. Assist the Western Region Director in making travel, housing and financial arrangements as necessary.
4. Carry the medical releases and insurance information for all competitors on the trip.
5. Submit a report to the Western Region Director including race results, disciplinary and organizational problems, critique of assistant coaches, race sites and race organization, and a financial summary.
6. Sign a Western Region Competition Project Staff Agreement.
7. Provide for appropriate athlete support and supervision during the project from the point of contact at the beginning to the point of departure as identified in the project description.

Assistant Coaches shall:

1. Cooperate with and be responsible to the head coach.
2. Submit a report to the Western Region Director when asked to do so.
3. Carry out coaching assignments to the best of their ability and in a timely manner.
4. Supervise the athletes in a manner that promotes top performance and complies with USSA NDS & Western Region Team travel policies.
5. Submit expense reports according to Western Region procedures.
6. Sign a Western Region Competition Project Staff Agreement.

Coaches Pool and Guidelines

Head Coaches shall meet the following criteria:

1. USSA Level 300 (old National) Level Certification, former U.S. Ski Team coach, Canadian certified, or other international level certification.

Assistant Coaches shall be:

1. USSA Level 200 (old Regional Level) Certification or qualified by ability and experience.

2. Acceptable to the head coach for the trip.

Each division shall submit a list of nominations for head and assistant coaches for each trip; nominations should be made to the Western Region coach through the Western Region office prior to Nov. 15. The nominations will be reviewed by the Western Region coach, Western Region Director, and, in case of controversial nominations/issues, the Vice-chairperson. Announcements of the coaching staff for each trip will be made in a timely manner so that the coaches and their "home" programs can plan accordingly. In the event that a coach must withdraw from participation in a particular trip, the position shall be filled from the list of nominees by the Western Region coach and the Western Region Director. All coaches for regional projects and competition trips will be required to sign a contract indicating that they have read and agree to abide by the Western Region Quota Team Policies.

Western Region Quota Team Policies

The USSA Code of Conduct, which appears in the USSA Competition Guide, applies to all Western Region projects, competitions, activities, and teams.

Additionally all team members will:

1. Abide by the laws of the United States of America and the individual states therein or foreign countries where the project takes place;
2. Support the coaching staff and other team members in upholding the ideals of fair play, good sportsmanship, and good citizenship;
3. Take no action nor commit any act that infringes on the quality of the experience of another member of the team.
4. Pay project costs prior to departure;
5. Fully participate in the organized accommodations unless excused at the time that the team is named;
6. Attend all team meetings and training activities on time and fully prepared;
7. Observe any curfew established by the coaching staff;
8. Not use or possess illegal drugs;
9. Not illegally use or possess alcohol;
10. Not use or possess alcohol in the team accommodations, the team vehicles, or in the presence of team members who are not of legal age;
11. Reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility;
12. Observe additional rules established by the head coach of the project for the good of the project.

Western Region Policy Concerning Conduct

All coaches, officials and athletes representing the Western Region are bound by the USSA Code of Conduct and by other guidelines properly established by the Western Region ACC or the Western Region coaching staff. Violations of the Code of Conduct, and/or rules and guidelines, brought to the attention of the Western Region coaching staffs at meets and/or training camps, will be discussed with the coaching staff to decide an appropriate course of action.

The following are guidelines that will be followed by the Western Region to decide upon a proper course of action:

1. A panel named by the Western Region Director and/or the Western Region coach will be formed from the coaching staff and any Western Region ACC members present.
2. The chairman of the panel will be the Western Region director, a Western Region coach,

- or the designated team leader/head coach.
3. Prior to any action being taken, the Western Region director and/or the USSA national office will be notified.
 4. If disciplinary action is deemed necessary, the following people shall be notified: a) in the case of an athlete, the athlete's coach and parents or guardian; b) in the case of a coach or official, their supervisor; c) the Western Region ACC chairman; and d) the divisional ACC Chairman and/or President.
 5. Any action taken will require the filing of a written report to the Western Region ACC chairman, the Western Region director and the USSA national office outlining the charges, facts and findings.
 6. If an appropriate course of action cannot be agreed upon, the chairman of the panel shall refer the facts and possible courses of action to the USSA Alpine Competition Director and/or the USSA Athletic Director for advice and guidance.
 7. Prior to any competition suspension, the USSA Alpine Director must be notified.

Possible Disciplinary Action:

Any action taken shall comply with the USA Ted Stevens Amateur Sports Act and the USSA Code of Conduct, and any other applicable USSA rule in place. All actions involving "protected competitions", as defined by USSA, are subject to the due process provisions contained in the Bylaws of United States Ski and Snowboard Association. One or more of the following actions may be imposed:

1. Removal from the team, competition trip, or training camp
2. Suspension from training and/or competition
3. Elimination of coaching, travel, and other benefits
4. Turning the offending party or parties over to the local or state authorities if the offense is a violation of existing laws
5. Any action taken shall be applied fairly and equitably to all parties involved.

Violations of laws resulting in arrest are not the responsibility of a regional quota team or project staff to resolve. Should a team member be arrested, a good faith effort to understand the situation and to contact the parent or legal guardian will be undertaken. Resolution of the situation, including arranging for legal representation, bail or other conditions of release, are the responsibility of the legal guardians of the athlete, or, in the case of an adult athlete or staff member, the accused person.

Western Region Training System

Purpose Statement, from 1995 onward:

To produce the best alpine ski racers in the world at the developmental, sub-national team level by offering complementary cooperative training with NDS, Western Region Divisional, and Western Region club and academy training programs/plans.

Goals:

1. To assist management, athletic training, and competition performance programs of the top Western Athletes of J2, J1 and senior age categories (with limited J3 presence & projects).
2. To establish and conduct an athlete talent detection and development system that tracks and measures the performance and performance characteristics of top regional racers at

- various chronological points in their ski racing development.
3. To contribute as productively, professionally, and fully possible in the achievement of the USSA Mission of being the best nation in ski competition in the world.
 4. To provide a program of training and competition preparation that will allow a dedicated and motivated individual to realize the foundation of skills and competitive characteristics which will carry that individual to the limits of his or her potential through the design and conduct of training and competition projects that are scientifically, methodologically and philosophically the best available to the athlete throughout the various levels and ages, and according to the most current sport knowledge available.
 5. To supplement the efforts of the ski programs located within the Western Region by offering projects of the highest possible quality, utilizing “best practices” in areas where clubs and divisions can benefit from collective, cooperative efforts particularly by providing venues and content where the best of all clubs, athlete and coaches can interact in a productive and athletically-enriched environment.

Objectives:

1. To have fun and enjoy the passion of ski racing while doing these things.
2. To create the best regional-level development training program in the World.
3. To integrate effectively in National Development System projects and contribute to the success of that system.
4. To bring the best Western athletes together in that program.
5. To utilize the best coaches available in that program.
6. To use the USSA scientifically based “best practices” model to design the content of the camps and the programs.
7. To promote the principles of athleticism in all projects.
8. To promote competent athletes in all four disciplines
9. To promote sportsmanship, individual responsibility, teamwork, and life skills through athletic achievement
10. To insure superior core skiing skills development.
11. To present a comprehensive ladder of training opportunities for regional athletes from J3 level (in partnership with divisional and regional program components) to the elite full-time NorAm competitor that has not made the National development team.
12. To develop a comprehensive “picture” of the best regional racers of various ages in all components of the USSA EPM, (2002).
13. To contribute to sound athletic, particularly competitive, programming for individual athletes through cooperative efforts with home programs and coaches.
14. To provide a competition program that progressively presents competitive tests that validate the training model.
15. To procure the necessary tools for the athletes and coaches to achieve in the program.
16. To insure these athletes are as well prepared physically as is possible, and deliver a conditioning education and measurement component as part of the program.
17. To provide a sport psychology educational program that insures they have the mental tools and skills to achieve consistent peak performance mental states.
18. To develop athletes, coaches, and parents as good partners through education and communication.
19. To make the program as cost effective and affordable as possible.

Principles:

1. The Western Region will design and operate programs in cooperation with the NDS, National Team, College programs, and major clubs that enhance and complement the overall training program of the athletes.
2. The Western Elite Ski Team will operate as an "All-Star" team that encourages and supports the home club programs as the basis of each athlete's program.
3. Training camps will be designed in progression, using annual and multi-year cycles.
4. Western developmental level athletes should be developing skills in each of the alpine disciplines.
5. The program will stress sound fundamentals and skill development at all levels.
6. The West will support empowerment and engagement through education, training, and development of athletes, coaches, parents, clubs, and governance officials.

Methods:

Program content is in a perpetual state of update to achieve appropriate and current "best practices". A separate document, addressing the range of the training program, talent identification, talent detection, and talent development is being prepared by the regional staff for consideration of the Western development subcommittee and the NDS staff.

In 2007 the regional staff, in cooperation with the Western ski clubs and academies embarked on establishing records of our program and the efforts and progress of our best athletes, as identified through objective achievement and subjective measurement criteria, their activities and levels of achievement, as well as health and fitness levels.

For the 2009-2010 season, 4 levels of training groups will be established. A group will be established and designated "Regional Team Candidates" (RT) and will be populated by past WR Team members and those athletes who have qualified to the US national Alpine Championships, or scored NorAm points, or medaled at the national Junior 2 Olympics. A series of projects will be identified for these athletes that will include NDS, regional, and possible national team crossover opportunities for individual members.

A group will be established of those athletes who qualified for the Western quota to the national Junior 2 Olympics and will be designated as the "Regional Training group" (RTG). A series of opportunities may be identified for this group.

A group, designated as the "New J2s", will be populated by those racers who finish in the top 15 in any event at the J3 Junior Olympics and will be invited to attend the Western Region Flight School to be held in June 2010 as well as other potential projects.

A final group, the "Shootout group", will be named based on existing procedures. In 2010 this group will be invited to an additional opportunity at Mount Hood.

Western Region Payment & Refund Policy for Athlete Projects

All fees associated with participation in regionally conducted training and/or competition projects are due in the regional office prior to the start of the project. No services will be rendered to athletes who have not made payment prior to the beginning of any project. Applicable fees are published at the time the invitation list or quota is announced.

Refunds will be granted for withdrawal from projects or competition trips, or for partial attendance due to injury, illness, or family emergency on the following schedule:

- 100% 14 days prior to the first day of the project,
- 75% Seven days prior to the first day of the project,
- 50% Zero to six days prior to the first day of the project,
- ? Recoverable costs only after the beginning of the project.

Western Region Team

2010

Purpose (established 1994):

The Western Elite Ski Team (W.E.S.T.) is designed to provide appropriate training and preparation for athletes on track for national team selection. The goal of the team is to enhance future performance through the application of sound planning and training experiences. The team is also intended to provide appropriate recognition to the best club racers from the region. Its primary target is for athletes who are FIS eligible and on target to become members of the USST D or C team. The team serves to enhance development opportunities for future national team members. It is not intended to be an All-Star team.

All current members of the USA National Alpine Team, and former USST members still actively racing in international alpine competition with the intent of regaining team status who are from the Western Region, are honorary members of W.E.S.T.

Team Size: Normally this number is under 12 per gender, but includes all athletes who meet the objective criteria listed below, and the evaluation of realistic potential to be named to the national alpine C or B team according to the published objective criteria of those squads. Team size may exceed 12 based on in-season promotion described below. Team members may also be named subjectively based on the agreement of the regional staff and the Vice-chairperson.

Methods:

A regional training group will be named in the spring of each year based on past season performance and future plans of the athlete. This process uses an objective selection method for the identification of 4/5, eighty percent, of the group utilizing the NDS Clear Path methods and the standings of the prior year Kyle Warren awards. This group will be camp invitees for the preparation period of the elite regional team candidate level camps. The regional coach will establish a performance contract with training group members that outlines training goals for the preparation period.

The regional coach will participate in the management of the athlete via communication with the home program coaches and the monitoring of the athlete's individual program. The training group will include the exceptional J3s of the Whistler group as well as other Junior Olympic standouts.

Objective Criteria, from 2008 onward:

The following objective criteria are used to name to the regional team for the 2009-2010 competition season:

- Selection to represent the USA in the World Junior Championships in the prior season
- Junior podium (top 3) performance at the US National Alpine Championships, any discipline
- Podium performance at the J2 National Junior Olympics, any discipline; WJC Format top 6
- Whistler Cup or Topolino Gold Medal, provided the athlete will be competing as a J2 in the coming season
- US National Alpine Championships, Top 15 in any discipline other than combined
- Nor Am Cup Standings, Top 20 in any discipline
- US National Rank of top 5 of all juniors in any discipline
- Discipline winner of the Kyle Warren Memorial in the prior season and still a junior in the coming season

- Past members of the USST A or B Alpine teams who remain active FIS racers will continue to be recognized as honorary members of W.E.S.T.

Any athlete not named to the team that wins a Western Elite series race during the competition season will be named to the team for the remainder of the season and the following season, provided they are Western Region athletes, and remain in the Western Region and do not meet any of the conditions that disqualify them from consideration (below).

Selection

The team will be named at the conclusion of the preparation period, between November 1 and November 15. Membership on the team is in effect until June 1 of the current season. Naming will be based on the objective lists used to establish the training group for the summer projects plus: summer activity, winter plans, time trials and other subjective evaluation. Team members will be required to establish a performance contract and a winter competition plan with the regional staff.

Team members may be named to the team subjectively by a selection group made up of the Regional Coach, the regional Director and the ACC Vice-Chair. Subjective selections may not make up more than thirty percent of the total team size; in years of a large number of objectively qualified team members this percentage will decrease to 20%.

Ineligibility

Individuals will not be considered for the regional team who:

- Are members of college teams pursuing titles outside of the USSA/USST track to the national teams such as NCAA or USCSA
- Do not have two physical fitness evaluations, one in spring and one in fall (to begin in the 2010 preparation period, this was extended one year due to the cancelation of the May NDS and West project)
- Have USSA or FIS ranking profiles that are ascending in multiple disciplines
- Have had a disciplinary suspension, sanction, or probation for a USSA Code of Conduct violation in the prior season or during the preparation period that has been imposed and upheld.

Benefits

Team members will have priority for discretionary selection to regional quotas for races that are part of their competition plan. Team members will be excused from any regional and/or divisional participation requirements that conflict with sound athletic preparation. The regional coach and home program coach will collaborate on the plan, which is to be reviewed by the regional director and appropriate divisional representative. Deviations from the plan that impact participation must be discussed with and approved by the Regional Director. Team members will receive a uniform signifying their membership on the team.

Western Region Quota Selection Procedures for National and International Races

Western Region has quotas for the various national events, US Alpine National Championships, NorAm, and National FIS Series races as well as at FIS and FISU series in the other regions of USSA. The Western Region ACC has established procedures for filling these quotas. To be considered for any of these events, racers must declare their interest in the events according to the Western Region Intent to Compete procedure. Additionally, racers must

complete and return a Western Region Medical Release and a Western Region Team Agreement.

Only current-season USSA members who have the proper membership and are Western Region athletes as defined in the USSA bylaws, and only those competitors who have participated in current-season Western Elite FIS Series events, will be eligible for these events. Exceptions may be granted to racers who are unable to participate due to involvement in a conflicting USST or National Development System projects, injury, illness, or other extraordinary circumstances. All racers excused for injury or illness must supply a medical clearance from a licensed physician to be included on a team.

Eligibility for quotas has prerequisites. Racers who wish to be included in some or all of these quota selections must meet these prerequisites. Racers are responsible for knowing what these requirements are and for meeting them. They include but are not limited to being current in financial standing for regional, NDS, and Divisional projects.

Requests to participate in other regions' FIS races must be received by the regional office by the deadlines stated below. Entry fees are the responsibility of the individual competitor, or team captain of a divisional development trip, and must be paid according to the policies of the division or region hosting the event.

Regional Intent to Compete Declaration Method, 2009-2010

Intents will be used to construct Regional Selection Boards for:

- US National Alpine Championships
- US Continental Cup NorAm competitions
- Canadian NorAm Competitions (national quota)
- US National J2 Olympic Championships
- Canadian FIS competitions (national quota)
- Canadian National Championships (national quota)
- Rocky-Central FIS competitions
- Eastern Region FIS competitions
- FISU competition (national quota)

Intents will be due on the first of each month for the following month's competitions:

- October 15 for competitions in November Races
- November 1 for competitions in December
- December 1 for competitions in January
- January 1 for competitions in February
- February 1 for competitions in March
- March 1 for competitions in April

Intents will expire. Only one month at a time will be considered; example: Intents declared October 15 for November races expire October 31 and no December- April races will be considered during October.

Intents will not be considered that are not for specific races. Intents will not be considered that state something like "anything I qualify for". Conflicting races must be prioritized.

Intents may be filed for multiple race series for any given dates within a period. Multiple series must be prioritized. Athletes qualifying for any particular prioritized series, as identified as their first choice, will be removed from all other lists both at the time the lists are constructed and as the athlete becomes eligible for a first choice.

Intents may be made for full series participation only. Western Quotas may not be used for partial entry to any out-of-region FIS series. The Regional Director may allow 1) a first year eligible FIS racer exceptions to this provision in order to comply with FIS entry limitation rules, or 2) an athlete qualified USST or NDS invitation to an international competition or a Western Region quota team to a COC event. 3) Four event series will be considered in such a way as to account for athletes not participating in one or more of the event spectrum by the director.

Intents for the above race categories are to be electronically transmitted to the regional director with a copy to the respective divisional selection person by the primary club coach or club director for all club members. The electronic transmission must be in the form of a FIS entry inscription as per Western Entry procedure listing FIS number, Full name, YOB, current FIS points, USSA number, and USSA points.

Please use the format supplied by the WR office. [It will be a great help to us if we don't have to grapple with 30 different personal preference set-ups every month.]

Features:

1. A plain excel spreadsheet with no special features as an attachment to your message. Do not send the information in the body of the email text.
2. Don't send Zip files.
3. Use a separate sheets in a workbook (**NOT** a separate workbook) for each gender
4. Each different series of races (and category of race) should be included in a separate workbook tab
5. Do not cut and paste out of the USSA points list from the web. The point values do not transfer from your attachment
6. Use Arial as the font type
7. Use 10 point as the font size
8. Do Not use **Bold**, *Italic*, or Underlined type
9. Do Not use **color type** or background
10. Do Left-hand align
11. In column 1 list the FIS # of the athlete
12. In column 2 list the name of the racer, as it appears on the FIS list, last name first, example = Smith, Joe R.
13. In column 3 list his/her 2 digit YOB, 1988 = 88
14. In column 4, 5, 6, 7, (as many as necessary for the number of events) list the **USSA** points on the list valid on the selection date (same as deadline dates Oct 1, Nov 1, Dec 1) for the disciplines contested in the races intended. Order is DH, SL, GS, and SG, the same as the FIS entry form. *You only need to list the events being contested in the series being applied for!*
15. In the next 1-4 columns list the valid **FIS** points again for the disciplines being contested. *You only need to list the events being contested in the series being applied for!*
16. In the last column list the USSA number
17. **Do Not** apply for athletes ineligible under USSA rules:

- a. Racers must have less than 100 USSA points in a discipline to be contested to go to Canada.
- b. Racers must have less than 120 points in a discipline to be contested and have been selected to a WR Elite FIS race to go to an out-of-Region elite FIS race.
- c. Racers must have less than 120 FIS points to race in NorAm competitions. Development nominations are exempt from this requirement but NorAm development requests originate in the Regional office so that exception does not impact this procedure.
- d. The region does not enter foreign athletes.
- e. See your competition guide for more information.

Example for a RMD SL + GS series:

FIS #	Name	YOB	USSA SL Pts	USSA GS Pts	FIS SL Pts	FIS GS Pts
53101	Smith, Richard	88	80.02	50.33	65.65	50.33
53202	Jones, Samuel	90	X	101.01	95.56	99.10

Example for a technical NorAm in the USA

FIS #	Name	YOB	USSA SL Pts	USSA GS Pts	FIS SL Pts	FIS GS Pts
53101	Smith, Richard	88	80.02	50.33	65.65	50.33
53202	Jones, Samuel	90	X	101.01	95.56	99.10

Example for a NorAm in Canada*

FIS #	Name	YOB
53000	Kelley, Mary	89

* All quotas in Canada are national and determined by national rank using FIS points by the national office.

Ranking lists will be constructed for selection purposes based on the USSA points valid on the due date for the coming month.

Selected athletes' clubs will be notified as soon as the boards are done, electronically. Clubs will have 72 hours to confirm or pull athletes. Unconfirmed athletes will be dropped.

Not Attending a Confirmed Race Series

Athletes who do not attend confirmed races in the Canadian FIS or out-of-region USA FIS category without an extremely valid reason (injury, sickness, family tragedy, faced with academic failure) will not be considered for those categories for one year. All athletes who are selected and confirmed for any category of competition, but who cannot attend, must immediately communicate this information to the Regional Director.

Races Conflicting With Western Region Elite FIS Series Events

Other than named members of the US Alpine Ski A, B, C, or Development team, no Western Region USSA competitor member, who has achieved automatic status, may attend a FIS competition that conflicts with a scheduled Western Elite Series race, then subsequently use a Western Region quota slot to the NorAm Cup, the US Alpine Championships, or the J2

Junior Olympic National Championships, unless attending such a race as part of a USST invitational competition trip or as a member of an NDS group named to a competition project.

The region will not enter USSA Western members in conflicting race series. Those Western Region USSA members who attend conflicting FIS races on other quotas, such as the collegiate quota, will lose eligibility for access to future Western quotas for the remainder of the season and the following season.

The time period defining a conflict will be the dates of the actual races, one day prior to the race days and one day following the Western Region series in question. The Regional Director, in consultation with the ACC Vice-chair, may make exceptions in extraordinary circumstances.

Western Region Selection Board

The Western Region uses a standard selection board for the U.S. Alpine Championships, NorAms, the Junior Olympics and other special events.

Eligibility

Only those competitors who have participated in the January/February Western Elite FIS Series races in a particular event are eligible to be included on the selection board in that event. Competitors who are unable to attend the Western Elite FIS Series races because of participation in a conflicting USST or NDS camp or project will not be ineligible as a consequence. Members of W.E.S.T. have an exception; see the section describing the regional team.

Setting up the Board

The board has two parts. The first part is composed of rankings by Old World Cup Points Ranking System (1st = 25, 15th = 1) earned in the January and February Western Region Elite FIS Series in each event involved. The second part of the board is based on USSA seed points from the list valid on the selection date.

A column is established for each event on each part of the board. The columns will be listed in the order DH, SL, GS, and SG; which will be the order of selection. The place points portion of the board will be first, followed by the seed points portion of the board.

For all competitions, the selection board will include only those events contested at the competition. For the U.S. Alpine Championships all events will be included on the board. For a competition involving downhill and super Gs only, only DH and SG columns will appear on the board, and so on.

In calculating place points, results from the January and February Elite Tech Series(s), and any Elite Speed competition will be used. The results will be purged of all foreign and non-Western Region U.S. competitors. All Western Region competitors, including USST members, will be included when calculating place points. The top 15 competitors will receive place points (25, 20, 15, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 15 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 - 25 points, racers 2 and 3 - 20 points each, racer 4 - 12 points, etc.)

Only half of the races contested per event may be used in calculating each racers place points in that event. If an odd number of races are held in an event, the number of races that may be counted will be rounded up to the next whole number (e.g. - three slaloms contested, each racer counts his best 2). In speed events (DH& SG) only, if only two races are held, both will be counted. Should "special opportunity" races be run in conjunction with regular Western Region FIS competitions, these will not be considered in scoring place points.

Considering the races not used in calculating the racers' totals breaks a tie in the place point ranking order. If in four downhills three racers each have one first and one second, their totals will all be 45. If one of the racers has a third and a DNF, and the other two have a fourth and fifth, and a fourth and sixth respectively, the racer with the third will be ranked first, the racer with the fourth and fifth - second, and the racer with the fourth and sixth - third. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the series with lower seed points in the event.

A tie on the seed point board is broken by placing the racer with the best ranking on the place point board first.

Selection Procedure

Selection proceeds left to right on each row starting with place points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row.

For example, consider the following selection board.

World Cup Point Board				USSA Seed Point Board			
DH	SL	GS	SG	DH	SL	GS	SG
A	B	E	D	A	X	D	C
G	D	Q	E	F	E	X	Z
R	Z	D	Q	Z	M	Q	D
T	Q	B	M	T	D	C	Q

Selection for a 12 person, four-event team would be:

A, B, E, D, X, C, G, Q, F, Z, R, M

Selection for a seven person, slalom and G.S. team would be:

B, E, X, D, Q, Z, M

Discretionary Selections

For the NorAms and the U.S. Alpine Championships, 20% of the quota (at least one slot) will be reserved for discretionary selection. This (these) slot(s) may be filled by the Western Region Director for development purposes. If they are used, the discretionary slots will be filled at the time that the team is named.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the case that a discretionary selection does not attend the competition, he/she will be replaced by the next alternate. Additional discretionary selections will not be made.

Alternate Selections

Alternates are selected by continuing the procedure described above. An exception to this procedure is used for the U.S. Alpine Championships after three alternate women and four alternate men are selected. See the section on the U.S. Alpine Championships below for details.

Partial Slots

When quota slots become available for multi-event competitions (e.g. the U.S. Alpine Championships), as a result of a team member declining to participate in all events, the partial slot will be filled by the next person on the selection board from the event(s) that the slot is available in. For example if a member of the U.S. Alpine Championships team participates in the downhill only, the available slot in slalom, G.S. and super G would be filled by the next person

on the selection board in slalom, G.S. or super G. An exception to this procedure for the U.S. Alpine Championships is described below.

Selections in Exceptional Circumstances

When selections for a competition are made before December and January races are completed, or if some or all of the races in these events have been canceled, the place-points portion of the board will be based on any races that have been held. If a team is selected before any races have been held, then the selection will be based entirely on the seed point portion of the board.

Policy for All Western Quota Entries

For all competitions where Western Region is responsible for, or has the authority to, under USSA policy, make entries or field a team, any athletes placed on the FIS entry form and entered in the race will share in the cost of supporting the staff that manages the participation of the West in that series.

Nor Am Cup

The Western Region quotas for U.S. Nor Am races are four men and four women. The Western Region Selection procedure, described above, is used to fill the quota for those races where there have been WR FIS Elite races held prior to the selection deadline. If no WR FIS Elite races have been held in the current season, USSA ranking in the applicable events for athletes who have declared intent will be used.

Racers must notify the Western Region office by the specified deadlines if they are interested in participating in these races. The selection boards for these races will include eligible Western Region athletes who have declared intent-to-compete for the race/series in question.

Under USSA rules, a racer must appear on the FIS list that will be valid for a Nor Am competition in order to be eligible for the competition.

Twenty percent of the quota (at least one slot) will be reserved for discretionary selection. This (these) slot(s) may be filled by the Western Region Director for development purposes. If they are used, the discretionary slots will be filled at the time the team is named.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the event that a discretionary selection does not attend the competition, he/she will be replaced by the next alternate. Additional discretionary selections will not be made.

U.S. Alpine Championships

The Western Region quota for the U.S. Alpine Championships is 13 men and 10 women. The quota is filled using the Western Region Selection procedure described above with the following modifications:

Four (4) men and three (3) women will be selected based on a) sum of Europa Cup points and b) sum of NorAm Cup points.

One (1) man and one woman will be selected from the Western Junior Championships if not already qualified by NorAm or the board selection system described.

Up to nine (9) men plus four (4) alternates and up to seven (7) women plus three (3) alternates will be named from the full four-event selection board. If additional selections are needed to fill the quota, selections will be made from a slalom / giant slalom board to fill slots for these events and from a downhill - super G board to fill slots in these events. If single event slots become available, they will be filled using the procedure described above for partial slots.

Racers must notify the Western Region office by the specified deadline if they are interested in participating in this competition. The selection boards for this competition will include all eligible Western Region athletes, but athletes who have not indicated an interest in the competition will be skipped when the team is named.

Twenty percent of the quota (at least one slot) will be reserved for discretionary selection. This (these) slot(s) may be filled by the Western Region director for development purposes. If they are used, the discretionary slots will be filled at the time the team is named.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the case that a discretionary selection does not attend the competition, he/she will be replaced by the next alternate. Additional discretionary selections will not be made.

National Junior 2 Championships

The Western Region Team to the J2 Championships will be selected according to the Western Selection Board Method utilizing the January Western FIS speed races (2010 = Mammoth) and the February Western Elite Technical Series (2010 = Jackson). The results will be purged to include only Western J2s and assigned "old" continental cup points for places 1-15. USSA points from the List valid on February 12, 2009 will be used in the point columns. In order to appear on the point portion of the board in any event, the racer must start in at least one qualification race in that event.

The Western Quota for 2010 is 20 men and 15 women. Up to twenty percent of the quota may be selected as discretionary picks by the Regional Selection committee.

Western Region Race Series and Championships

Western Elite FIS Series

In 1982, the series started with a nationally scored December downhill series and a January technical series. In 1983 the Spring Series was added and the races were FIS sanctioned for the first time. 1985 saw the addition of super G to the series and, starting in 1986, a second DH/SG event was added in late January

The series ordinarily consists of four competitions and for 2010 there will be four Western Elite series races scored toward series standings. The Utah Tech Series consists of two SL and two GS, and is scheduled for early January. The second occurs in February with the Wild West Classic technical series of two GS and two SL in Jackson. Third comes the Spring Series which consists of two SL, two GS and two SG to be held in April in Mission Ridge, WA. Finally, an elite downhill will be held at Mt Bachelor to conclude the series in April.

Quotas

The Western Region will select 40 men and 40 women as automatics for the entire series. The Western Region distributes an additional 40 men and 40 women slots based on a regional rank method, described below, to the five Western divisions. The Western Region Director controls a development quota of up to 15 men and 15 women for the series. In addition, the USST, the other regions, and foreign countries have quotas for the races.

Automatics

40 men and 40 women will be selected as automatics for the Western Region Elite FIS Series. Using the results from the previous season, the U.S. gold and silver medal winners of Western Jr Championships events plus combined winners (when four events are contested), the gold medal winners of the J3 events (if a 2nd year J3 in the past season) and the combined (when awarded), and the J2 National Junior Olympic event medalists (gold silver, and bronze medals) minus the combined, who are from the West, will be named as "Regional Automatics".

Additionally, the balance of the total of 40 automatics will be named via a USSA point selection system. Western Region will purge all "A" and J1 athletes not registered with FIS as of October 1, current US Ski Team members, any Western Region athlete who did not start a regional Elite FIS race the previous year, and those athletes known to have left Western Region prior to Oct. 1. The list will be created from the USSA points list valid on Oct. 1. The selection board will be arranged in the order downhill, slalom, giant slalom, super G. Selections will be made left to right on each row and from top to bottom on the list until the quota is filled. The points on the last row reached in each column will be the automatic point cutoff in that event.

In addition to the selected athletes, any regional transfers whose USSA points fall below the cutoff in any discipline will be automatics. During the season, any competitor whose points on the current USSA list are below the cutoff in any discipline will become an automatic. Automatics are eligible to attend all races in the FIS Elite series.

2009-2010 Automatic Achievement Event Point Levels

Women

Downhill	112.51
Slalom	66.29
Giant Slalom	60.52
Super G	72.44

Men

Downhill	84.96
Slalom	37.64
Giant Slalom	33.96
Super G	55.02

2010 Western Region Automatics (November 1)

Men

Francis, Kevin	PNSA
Thorson, Tague	IMD
Spencer, Dane	IMD
Phillips, Andy	IMD
Ganong, Travis	Far West
Veenis, Scottie	IMD
Wilson, Ryan	IMD
Cohee, Nick	IMD
Lamb, Max	IMD
Fink-Debray, Mile	IMD
Cook, Chet	Northern
Owsley, David	PNSA
Goldberg, Jared	IMD
Shampeny, Kris	Northern
Rubie, Brennen	IMD
Bennett, Bryce	Far West
Johnson, Karl	Far West
Kung, Kyle	IMD
McConnell, Cory	UNR

Hammer, Max	IMD
Harris, Martin	Far West
Noges, Carl	PNSA
Strand, Derek	IMD
Reynolds, Charlie	IMD
Perkins, Jake	Far West
Hedlund, Chad	Far West
Collins, Shane	Far West
Sheehan, Kevin	Far West
Wolosyn, Ryan	Alaska
Brazil, Miles	Far West
Britvar, Paul	Northern
Engel, Mark	Far West
Warner, Paul	IMD
Radford, Michael	PNSA
Oliver, AJ	Northern
Kanellos, W.	Far West
Kircher, Andrew	IMD
Richenbach, Zach	Far West
Robles, Thomas	Far West
Haferman, Eric	Northern
Snow, Scott	PNSA
Baker, Jake	FW

Women

Hitchcock, Katie	Far West
Wales, Brooke	PNSA
McDonald, Jill	PNSA
Lonza, Geordie	Far West
James, Emily	Far West
Dupratt, Jamie	IMD
Fry, Kayla	Alaska
Harris, Amy	Far West
Wiles, Jacqueline	PNSA
Smith, Sophia	IMD
Cortopassi, Kaylee	IMD
Bell, Karen	Northern
Horst, Erika	Far West
Cornali, Charlotte	IMD
Rackleff, Jetta	PNSA
Peterson, Foreste	Far West
Lebel, Jacqueline	Far West
Duff, Noah	Far West
Victory, Hannah	Northern
O'Brien, Holly	Far West

Hall, Samantha	Far West
Bacharach, Megan	Northern
Porges, Val	Far West
Patient, Christie	Far West
Conroy, Shannon	Far West
Delacenserie, J	IMD
Mianna, Page	PNSA
Leonard, Molly	Northern
Dunleavy, Avril	IMD
Fox, Sierra	IMD
Lapanja, Lila	Far West
Karr, Kristen	PNSA
LaRock, Allison	PNSA
Guetschow, Taylor	IMD
Anderson, Lindsey	PNSA
Andrews, Lena	Far West
Bridget French	IMD
Murphy, Morgan	Far West
Driller, Tenaya	Far West
Lonza, Amy	Far West

Regional Rank Quota Method

For 2010-11, 40 men's and 40 women's slots will be allocated among the divisions based on their percentage of the total number of Western Region athletes listed on the USSA age ranking lists for 15,16,17,18, and 19 year old racers for on the April 15, 2010 USSA points list. Competitors who are not members will be deleted from the age ranking lists, and the lists extended to include 50 racers in each age group and discipline.

The number of ranked competitors from each division in the top fifty of the USSA list for each year of birth as defined by the competitive age designation by USSA will be determined by summing the number of each division's 15, 16, 17, 18, and 19 year old athletes appearing on the ranking list in downhill, the number appearing in slalom, the number appearing in GS and the number appearing in super G. An athlete who is aged ranked in all four disciplines will be counted four times. The Western Region total will be the sum of the division totals and the percentage of 40 of that total will determine each division's base number of competitors. Minimum quotas for any single division are 4 men and 4 women, which typically reduces the base numbers of the large divisions and expands the base numbers of the small divisions. [*The mathematical calculation and adjustments may, from year to year result in a slightly higher total quota, but in no case may this increase be higher than 5%, or 2 per gender, greater than the target of 40. This year both genders will be at 42*].

	Alaska	Far West	Intermountain	Northern	PNSA
Men	4	13	12	4	9
Women	4	13	11	4	10

Regional Directors' Quota

The Western Region Director will have a quota of up to 15 men and up to 15 women for all races in the Western Region FIS Series and FIS Elite. This quota will be used for development

purposes and/or field enhancement. Only divisions that use discretionary selection to fill 20% of their quota to an event for development purposes may nominate additional athletes for inclusion in this quota.

Nominations must be made by the respective divisional office in conjunction with the divisional ACC chair or other individual designated by the division to perform this function. Divisions may only submit 5 names per gender in any series of races and only a total of 30 names per gender for the season 2009-2010 for consideration to the Regional Director's quota. The quota will be filled from the nominations plus additional athletes proposed by the Western Region Coach and/or Development Manager.

The quota will not be filled if: 1) the regional director, in consultation with the event organizer determines that the resulting field size would be too large, or 2) the "development" purpose of this quota is being abused. The purpose of the quota is to deal with exceptional circumstances, not as a field or quota expansion device. However, in extraordinary circumstances, the Director with the agreement of the Western Region ACC Chair and the event organizer may expand this quota.

The Western Region Director, in consultation with the Western Region Coach and/or Development Manager, will have final authority for naming athletes, including athletes that have not been nominated by their divisions, to the development quota.

Additional Quotas

The USST quota for these events will be all members of the A, B, C, and D teams. Out-of-region and foreign quotas for these events are as follows:

	Eastern	Rocky/Central	Canada	Other Countries
Men	10	10	15(30)	per FIS ICR
Women	10	10	15(30)	per FIS ICR

For details on the exact allocation of the Canadian quota for a particular series, contact the Western Region office. All Canadian and other foreign entries must be made through USSA. Only the Canadian National office, specifically Jennifer Duggan, enters Canadian athletes into FIS races. The Western Region Director or the USSA Alpine Technical Services Director will forward these entries to race organizers. By agreement between Canada and the USA, the normal quota of 30 is restricted to 15 per gender unless the regional or provincial (Canada) offices, in consultation with the ROC, expands the quota to the other country. This is done on a per-race series basis.

Out-of-region U.S. entries must come from the regional offices and be confirmed by the Western Region office. Regions are required to confirm their participation in each other's FIS races at least 21 days prior to the first seed meeting for each race series.

Host Quota

The host club(s) for a series will each have a quota of one man and one woman in every race of the series. The quota is limited to age eligible racers who have the proper membership and are members of the host club. A quota slot may be split between multiple athletes.

Minimum Divisional Quotas

The minimum divisional quota, in all Western Region FIS races, is four men and four women, with the exception of IMD and FW who may not enter athletes in the other's "conflicting" divisional FIS races.

Field Size Limitations

If a race in this series is oversubscribed, the Western Region athletes will be pulled from the race beginning with those with the highest points in order of a) athletes on quota expansions beyond normal quotas, b) subjective selections, i.e. Regional director's quota when used as a development tool, c) divisional selections, and finally d) regional automatics. No Western Region athlete will be pulled from a second race in a series until all Western athletes have been pulled from one race in the event

Western Region FIS Series

The Western Region FIS Series is a second tier FIS series for the 2009-10 season. . There is a single speed series, one technical series, and two conflicting technical series. See the WR Calendar for dates and locations.

The entry deadline for Western divisions is the normal 7 days; however the divisional Directors will be communicating on entries 21 days in advance to facilitate quota management. In 2010 it is not anticipated that the Director's quota will be used in the technical races. All normal FIS quotas apply as pertains to foreign nations and other USSA Regions. See the following charts for Western Region divisional quotas for each series. In the case of over subscription the field size management system described above will be used to reduce the field to the FIS maximum allowable number of competitors.

Western division's quotas are:

For Mammoth speed:

	Alaska	Far West	Intermountain Northern	PNSA	Director	
Men	10	25	25	10	25	≤15
Women	10	25	25	10	25	≤15

FIS Entry forms are sent to the ROC and a copy to the Western Region Director.

These quotas are modified when:

- 1) A Western FIS Series race is used as a qualifying competition for any Championship event (2010 = Mammoth), the Region will regulate and modify how quotas may be filled by divisions in the following manner:
 - i. Fifty percent of any divisional quota must be allocated and offered to the age group that is qualifying to the championship event.
 - ii. Quota expansions may or may not be restricted to an age category by the Regional Director.
 - iii. The remaining Regional Director's quota is not restricted by age category.

For conflicting technical series:

For all of the technical series held in IMD (2010):

	Alaska	Far West	Intermountain Northern	PNSA	Director	
Men	10	0	60	10	30	≤20
Women	10	0	60	10	30	≤20

For all of the technical series held in Far West (2010):

	Alaska	Far West	Intermountain Northern	PNSA	Director	
Men	10	60	0	10	30	≤20
Women	10	60	0	10	30	≤20

FIS Entry forms are sent to the IMD & FW divisional Directors and a copy to the Western Region Director.

Unused quota slots of visiting divisions revert to the host division.

For Mt Hood Meadows tech:

	Alaska	Far West	Intermountain	Northern	PNSA	Director
Men	10	25	25	10	25	≤15
Women	10	25	25	10	25	≤15

FIS Entry forms are sent to the ROC and a copy to the Western Region Director.

Western Division's "Divisional FIS" and Divisional Entry League (ENL) Races

Divisional FIS: The Western Region Divisional FIS Series is a third tier FIS series for the 2009-10 season. In addition to continuing to allow 2 ENL race series, there is the possibility for each division to hold up to eight FIS starts. The purpose of this type of race is much the same as an ENL category without the vertical drop restrictions or the large penalty adder for the ENL category. These races are meant to give western athletes FIS racing without excessive travel requirements and costs. The following provisions apply to these types of races:

1. These races do not conflict with a Western Elite Series competition or a Western Championship event for FIS aged competitors
2. There is no forced participation requirement, particularly of regional automatics or Western Region team members
3. Divisional control of the entry process is subject to FIS requirements and rules concerning foreign member nation's quotas and visiting USSA regional quotas of 10 per gender.
4. The host division will have a base quota of 70 per gender. East & Rocky/Central quota is 10W/10M. Foreign nation quotas are per FIS rules. Western Region will have a quota of 20 per gender. All unused slots to the maximum FIS field sizes will revert to the host division.

Western Region's Portion of Event Entry Fees - AKA 'Head tax'

The Western Region receives a portion of the entry fee for all nationally scored USSA, non-scored USSA, and ENL & FISU FIS races run in the divisions of the Western Region. The region does not receive head tax for a first run DNS. No entry fee portion is due Western Region for named USST members.

Event	USSA	WR	Division
FIS	\$6.00	\$12.00	See Division manual
ENL FIS	\$6.00	\$2.00	see Division manual
FIS-U	\$6.00	\$2.00	\$0.00
USSA Scored	\$6.00	\$2.00	see Division manual
USSA-scored College	\$125 per gender per race day	\$2.00	\$0.00
J3 Jr. Olympics	\$6.00	\$2.00	\$0.00
USSA Non-Scored & YSL	\$0.00	\$1.00	see Division manual

Entries

The entry deadline for events in all Western FIS series is **7 days** prior to the first event for USA athletes and foreign athletes that are members of USA clubs and university programs. All other FIS eligible foreign athletes may enter according to FIS rules. The organizer must receive the official FIS entry forms, a supplemental form listing USSA code numbers and seed points, and full entry fees by this deadline. Copies of the official entry forms are to be sent to the Western Region Office at the same time as they are sent to the organizer. Entries will be accepted from the five divisions of the Western Region, Eastern Region, Rocky/Central Region, and foreign ski associations (see Foreign Athlete Selection Procedures) for FIS events. The Junior Olympics and the Western FIS Junior Championships have age and region specific restrictions (see Junior Olympics).

Entry Fees for Western Elite FIS, Western FIS Races, Western Divisional FIS, Western Region Junior Championships

- FIS Entry Fees will be limited to \$38.00 per start, ENL entry fees are not to exceed divisional entry fees
- Training fees for speed events will be limited to a single charge of \$30.
- Organizers may require a series entry fee. This may be split when speed events are scheduled with technical events in the same block.
- Organizers will be obligated to refund entries only in the case of injury and illness, as long as the athlete is pulled from the seed board.
- An organizer may, but is not obligated to, accept entries at the first Team Captain's Meeting. The date that entries are due must be on the race announcement. A penalty may be applied that is up to 50% of the entry fee to be paid if they are not PAID IN FULL 7 days prior to the first Team Captain's Meeting of the series.

Entry Fee for J3 Junior Olympics

- The recommended guideline is the Western FIS events entry fee minus the \$12 Western Region head tax, $\$38 - 12 = \26

The series entry fee will include a \$30 surcharge that will be used to subsidize travel costs for Alaska Division competitors to this event.

Entry refunds for canceled events:

1. For events canceled prior to the first scheduled team captains meeting there will be a complete refund of all paid entry and speed training fees.
2. For technical events canceled by the jury on the day of competition there will be an entry refund of $\frac{1}{2}$ of the organizers portion (\$10.00), $\frac{1}{2}$ the regional portion (\$6.00) and the USSA Head tax of \$6.00.
3. For speed event(s) canceled anytime during the official program dates by the jury, there will be an entry refund of $\frac{1}{2}$ the regional head tax (\$6.00), the \$6.00 USSA head tax and the training fee if no training was conducted. The organizer retains the organizers portion provided the organizer and ski area make all possible efforts to hold the event, as assessed and reported in the event evaluation report by the Jury members (3) consisting of the Technical Delegate, the Referee and the Assistant Referee. The region's portion, $\frac{1}{2}$, is remitted to the region.

Coaches Passes

The organizer will provide complementary lift passes for coaches listed on the back of the FIS entry forms received at least 7 days before the first team captains' meeting of the event according to FIS rules.

Coaches for the regional/divisional quota teams and college teams must be members of USSA and must hold USSA Coaches' memberships. Each team will be entitled to one coach per sex plus one coach for each 10 competitors or portion thereof. Racers will not be eligible for coaches' passes.

Coaches who are not included on the entry forms, which are in excess of a team's quota, or who do not meet the membership requirements, will be able to purchase tickets at the racers' price.

Course Setters

The Western Region Director and/or the Western Region Coach may designate the course setters for all races in the Western Region FIS series and Championship events. A list of approved course setters will be generated by the region from a list supplied by the divisions of those setters each division identifies as appropriate course setters at the FIS and Championship level of racing.

Divisions are responsible for insuring that course setters they have identified are present at the event in order to set. Mentor-setters from the home divisions must accompany any setter not on the regional list if such a setter is nominated and accepted as a setter at a regional event.

Course setters must be members of USSA and must hold a USSCA Professional Coaches' membership, or be a member coach and licensed official of another national ski federation.

Foreign Athlete Selection Procedures

Foreign athletes, who compete full-time as part of a Western Region program must qualify for these events through the procedures of their host division. These foreign athletes will count against their host division's quota for the event. Western Region resident foreign athletes who do not qualify under their host division's selection procedures will not be allowed to participate upon penalty of loss of USSA race privileges. [This means that those foreign athletes, who are members of USSA programs in western region and who also intent to race FIS races held in the Western Region of USSA agree to be treated in the same manner as their USA teammates in the qualification system. Note *they do not have to agree to this*: As members of foreign federations they have the right to enter FIS races according to the procedures of the FIS. However, if they do not agree to an equitable qualification system, the privilege of participation in USSA races will be withdrawn and they will be restricted to only racing FIS in the West. In this case entry will be accepted from their home country, which issued their FIS license.]

NOTE: This requirement is suspended for those foreign athletes who would qualify, as WR automatics were they USA citizens.

All foreign athletes not competing full-time as part of a Western Region program must qualify for FIS events through the normal procedures set up by FIS, their national association, and USSA. An entry for these athletes is via the foreign federation of the athlete(s). The number of foreign athletes in the event may be expanded to accommodate these athletes provided that national quotas and field-size limitations are not exceeded.

Divisional Selection Procedures

Each division is responsible for establishing procedures for filling its quota to the Western FIS races. Each division may fill 20% of its quota (minimum one man/one woman) for an event on a discretionary basis. Divisions may restrict all or a portion of their quota for an event to juniors.

Western Region Junior Championships

The former regional Junior Olympic event for junior 1 and junior 2 ages has been replaced by a regional junior championship event. That championship format has been changed to a three event series contesting SL, GS, and SG. The event will be held in the first week of March at Schweitzer Mt. ID. The races are a junior championship event and restricted to Western USA Juniors. Entries are only accepted from the five Western divisions and foreign federations. The U.S. gold and silver medalists of each race and the combined at this championship will be named regional automatics for the entire Western Elite FIS schedule of the following season. The divisions fill the field. The divisions establish their own procedures for making their selections. The quotas are established through calculations via the "Corrock method".

The population data will be derived from the divisional populations on the USSA points list valid at the end of the previous racing season. The population of each division is the sum of both genders of the age categories for the respective events. The performance allocation will be based on the previous year's performance by each division, using each gender counted separately but including both in the total, as a percentage of the region factored into a total field size for both genders of 170. The events included in the equation will be the Giant Slalom and Super G for the championships. Those competitors finishing within 10 percent of the winning time will be included in each division's total score.

No division will have a quota of less than three women and four men. There is no set quota by gender. The field size is held constant at 170 but the number of women and men, as a percentage of that total field will fluctuate as a function of both population and performance on a divisional basis. Quotas for the Junior Championships are calculated from the prior year's junior championships.

Junior Championship Quotas:

	Alaska	Far West	Intermountain	Northern	PNSA	Total
Men	8	21	30	9	33	101
Women	5	18	16	6	24	69

Additional quotas are: all USST juniors from the Western Region, 15 men and 15 women from Canada, and additional foreigners per the rules for U.S. Championships.

Awards

There will be awards for at least the top three places of each race and the three-way combined at this event supplied by the organizer.

The combined will be based on race points from the slalom, giant slalom and super G races. Only racers who complete all of these races will be considered in the combined calculation.

USSA Western Junior 3 Junior Olympics

The J3 Olympics were first held in 1982. They were organized as regional events at the same time that the J2 Olympics were changed from a single national event to separate east - west

events. The Western Region J3s consisted of a downhill, slalom and a giant slalom until 1986 when the downhill was replaced with a super G. A combined title is also awarded. It is determined by summing the race points of all three events. The racer with the lowest sum of race points is the winner. If only two events are contested the combined will be determined using both. If only one event is contested no combined is awarded.

The J3s rotate between the Western Region divisions. A divisional rotation and bid evaluation process has been reinstated for this event. They have been held at Snow King, Incline Village, Park City, Mt. Alyeska, Mt. Reba, Bridger Bowl, Schweitzer Basin, Eagle Crest, Mt. Bachelor, Mammoth Mountain, Sun Valley, Timberline/Mt. Hood Ski Bowl, Jackson Hole, Mount Hood Meadows, Big Sky, Snowbird, Bogus Basin, and Brundage Mountain. In 2010 they will again be held in Bend, OR, at Mount Bachelor.

J3 JO Quotas

The base field size for these events is 170 slots for both genders. This quota will be distributed based on a combination of gender population percentages and a performance factor based on divisional performance in the prior year's championship event for the J3s. These quotas are recalculated annually.

The population data will be derived from the divisional populations on the USSA points list valid at the end of the previous racing season. The population of each division is the sum of both genders of the age categories for the respective events. The performance allocation will be based on the previous year's performance by each division, using each gender counted separately but including both in the total, as a percentage of the region factored into a total field size for both genders of 170. The events included in the equation will be the Giant Slalom and Super G for both championships and Junior Olympics. Those competitors finishing within 10 percent of the winning time will be included in each division's total score.

No division will have a quota of less than three women and four men. Each of the three "large" divisions will surrender one slot in each gender to be allocated by a 'director's quota' assignment to the "small" divisions.

There is no set quota by gender. The field size is held constant at 170 but the number of women and men, as a percentage of that total field will fluctuate as a function of both population and performance on a divisional basis. Quotas for the J3 Junior Olympics are calculated from the prior year's J3 junior Olympics. This system will be forever known as the "Corrock method".

Quotas:

	Alaska	Far West	Intermountain	Northern	PNSA	Total
Men	7	27	27	10	24	95
Women	6	24	20	7	18	75

Additionally, the Regional selections as candidates to Topolino will be automatics to the J3 Junior Olympics, if they attend Topolino. They will be considered to be the Regional Directors quota and be seeded between the first and second seeds (unless they have also qualified via their divisional route and are seeded as part of the first seed by the division).

These are personal slots and do not expand the quota of the racer's division. They are meant to be a guarantee of access to the event, should the racer's ability to qualify for the Junior Olympics be compromised by attending a national development opportunity. This is the only "special seed" allowed.

Seeding

The Board of Directors of USSA has approved a special seeding procedure for this event known as the Turton method.

The field is divided into seeds of approximately 15 and each division is given slots in each seed equal to its percentage of the entire field. Each division assigns racers to seeds by its own procedures. Each seed is then randomly drawn to determine start order.

The seeding for 2009-2010 is shown below.

2010																			
Boys		%	1st Seed		2nd Seed		3rd Seed		4th Seed		5th Seed		6th Seed		7th Seed				
Alaska	7	7.4	1.11	1	1.21	1	1.32	1	1.42	1	1.53	2	0.63	1	0.00	0			
Far West	27	28.4	4.26	4	4.53	5	3.79	4	4.05	4	4.32	4	4.58	5	1.00	1			
IMD	27	28.4	4.26	4	4.53	5	3.79	4	4.05	4	4.32	4	4.58	5	1.00	1			
Northern	10	10.5	1.58	2	1.16	1	1.74	2	1.32	1	1.89	2	1.47	1	1.00	1			
PNSA	24	25.3	3.79	4	3.58	4	3.37	3	4.16	4	3.95	4	3.74	4	1.00	1			
	95			15		16		14		14		16		16				4	
Girls		%	1st Seed		2nd Seed		3rd Seed		4th Seed		5th Seed								
Alaska	6	8.0	1.20	1	1.40	1	1.60	2	0.80	1	1.00	1							
Far West	24	32.0	4.80	5	4.60	5	4.40	4	5.20	5	5.00	5							
IMD	20	26.7	4.00	4	4.00	4	4.00	4	4.00	4	4.00	4							
Northern	7	9.3	1.40	1	1.80	2	1.20	1	1.60	2	1.00	1							
PNSA	18	24.0	3.60	4	3.20	3	3.80	4	3.40	3	4.00	4							
	75			15		15		15		15		15							

The percentage column is calculated by dividing each division's team size by the total for that gender. The percentages are multiplied by 15 to get the numbers in the first column under the 1st Seed heading. The numbers in bold are the actual number of racers that the division will receive in the first seed. The first column in the second seed is product of the percentage and 30, minus the number in bold from the first seed. For the third seed, the number is the product of the percentage and 45, minus the bold numbers in the first two seeds. The remainders of the columns are filled out similarly. In the final seed, the percentages are multiplied by the total field size.

Selection Procedures

This is the championship event for J3s from the five divisions of the Western Region. Participation is restricted to J3 (by year of birth) competitors. There is no foreign quota for this event. Foreign J3 competitors living in the U.S. may attend as part of the quota of the division in which they are competing if they have the proper membership with USSA and their division and qualify under their division's rules. J4s are not allowed to participate in this event under any circumstances. Each division is responsible for establishing procedures for filling its quota to these events.

Whistler Cup Selection Procedures

The Whistler Cup is a FIS event for Children. It is an event that is held in Whistler, BC every April and consists of one super G, one giant slalom and one slalom for J3s. Western Region has a quota of 3 boys and 3 girls. The selection procedures for this event are the US winners from

the Super G, giant slalom and slalom from the J3 Junior Olympics. If the same person wins more than one event, then the US winner of the combined will be chosen. If the quota of 3 still has not be filled, then US silver medalists will be chosen in order of lowest race points.

In the event of a race(s) cancellation, the remaining races will be used for selection. If only one race is held, the best three placings will be selected (in the event of multiple ties in the first two positions when only one race is held, a coin toss will determine the selection among those tied for the last position).

Course Setters and Jury Members

For J3 Junior Olympics, Course Setters and Jury members must be members of USSA. The Technical Delegate(s) for these events are appointed by the Western Region Director. The TDs must be of National or FIS level.

Course setting and Jury assignments are to be apportioned among the coaches of the five participating divisions in an equitable manner.

"Head Tax"

The J3 Junior Olympic event is subject to USSA head tax and a \$2.00 WR fee. This scored event is not subject to divisional head taxes.

Awards

The awards for J3 Junior Olympics will be for at least the top three winners in each discipline and the three-way combined.

Western Region NDS Fall Camp Selections 2009

Selections will be made from the 2008-09 J3 Junior Olympics at McCall, ID. The top 3 J3 boys and the top 3 J3 girls who raced as J3s and remain J3s for the coming season plus the corresponding 2nd year J4 boys and girls will be ranked using the "old" 25-1 world cup scoring system. All events (SG, GS, and SL) will be scored. An individual's score will be determined by totaling the points earned in all events and ranking them from highest points to lowest points. The top three J3 boys and girls + the top 2nd year J4 boy and girl will be invited to participate in the upcoming fall 2009 NDS Junior Champions Camp. A development quota of 20% will be reserved for the Regional Director to use at his discretion.

In the event of a tie for first place it will be broken in favor of the higher total number of first places in the second runs, that is the racer with the most wins (25 points) is the winner, if still tied, the total number of second place finishes (20 points) for the scoring runs highest number wins the tie; if still tied the total number of third places finishes (15 points) and so on continuing until one of the tied racers has the majority of some placing. In the event of a last place tie, the qualifier will be determined in the same manner described above; the racer with the majority of higher ranking placing will win the tie. In the case a tie exists after the previous tie breaking procedures, the tie will be broken by summing the total number of race points in GS and SL for each athlete, the athlete with the lowest combined race points will be the winner of the tie. In the event that qualified athlete(s) cannot attend the alternate list will be established in the same manner.

Western Region 2009-10 Shootout Camp athlete selections

For the 2009, western region will hold a Topolino Shootout Camp, January, 2010 to select the top male and female athlete to represent Western Region at the Topolino project. Selections for

the Western Region Topolino Shootout Camp will be made from the 2008-09 J3 Junior Olympics held at McCall, ID. The top 15 boys and top 15 girls who raced as J3s and will remain as J3s for the coming season will be ranked using the “old” 25-1 world cup scoring system. All three events will be scored. In the case of a tie(s) for the 15th position all tied athletes will be included in the invitation. Four alternates will be ranked by continuing down the list. In case of athletes declining the invitation alternates may be included. All J4 athletes qualifying to the NDS JCC will be included in the invitation to participate in the Western Region Topolino Shootout Camp. The Regional Director will have a quota of up to 4 boys and 4 girls. All Western Region J3 competitors are eligible for consideration. The list will be published in advance, prior to October 1. Intent to compete is due December 1, 2009.

The format of the event will be one day of training SL and GS followed by one day of GS time trials and one day of SL time trials. Each competitor will have the opportunity to take three runs in each time trial. Each run will be scored separately using the “old” 25-1 world cup scoring system where the fastest time receives 25 points and the 15th fastest time receives 1. This system is described in detail in the USSA Alpine Competition Guide. The final ranking list is determined by adding the points of the best 2 runs of GS and best 2 runs of SL together for each racer. That sum of points is the racer’s score. The highest total number of points scored in each gender is the time trial winner and the West’s nomination to the NDS for the Topolino competition.

In the event of a tie for first place it will be broken in favor of the higher total number of first places in the scored runs, that is the racers with the most wins (25 points) in their best 2 GS and best 2 SL is the winner; if still tied, the total number of second place finishes (20 points) for the scoring runs highest number wins the tie; if still tied the total number of third place finishes (15 points) and so on continuing until one of the tied racers has a majority of some placing.

Additionally, all Western athletes selected as candidates to Topolino will be automatics to the J3 Junior Olympics, provided they attend the NDS Topolino project. They will be considered to be the Regional Directors quota and be seeded between the first and second seeds (unless they have also qualified via their divisional route and are seeded as part of the first seed by their division). If used they count as part of the affected divisions total allowed quota. They are meant to be a guarantee of access in the event that the racers ability to qualify to, or compete in, the J3 Junior Olympics is compromised by attending a national development opportunity.

Western Region Event and Site Selections

Calendar Construction Considerations

The Western Region is committed to supporting the USSA calendar initiatives of 1997 and 2000 as expressed in the USSA Calendar Working Group white paper “Principles of Calendaring”. Specifically, this means that the calendar of regional competitions is produced to follow these guidelines:

1. A periodized calendar that allows for distinct training, competition, and recovery periods
2. A calendar that is coordinated with the next level of competition opportunity, allowing for focused athletic opportunity. The calendar should allow competitors to focus on the appropriate

level of competition and provide for fluid upward mobility as well as participation in events of secondary importance for various reasons

3. A calendar that conducts competitions in time period blocks
4. A calendar that is conceived to promote a progression of athletic opportunities to foster increased skill levels among participants over time
5. An athlete-based calendar supporting the achievement of athletic competence by providing the possibility of achievement of the ideals expressed in the *USSA Alpine Athlete Competencies*
6. A calendar that support the highest quality of competition appropriate to the level of regional FIS competition and Junior Olympic Championship events
7. A calendar that utilizes the highest quality venues and race organizers available while encouraging the development of new venues for a variety of competition experience
8. A calendar that considers the monetary cost of ski racing and attempts to mediate the effects of those costs to participants.

Procedures for Hosting a FIS or Junior Olympic Event

Under USSA policy, Regional Alpine Directors act as calendar commissioners and are charged with the final responsibility for the production of FIS and Junior Olympic races within their areas of operation. This is one of the most important responsibilities of USSA Regions. In Western Region, the Alpine Competition Committee plays a crucial role in this process. Through a calendar sub-committee chaired by the immediate past chairperson, issues of calendar construction are examined, considered and agreed upon for presentation and acceptance by the full committee and Regional Director. All issues in regard to the calendar construction, implementation, and evaluation are meant to be transparent and subject to review for adherence to the above guidelines. In the West, sites for these events are determined each spring at the Western Region ACC meeting held in conjunction with the USSA Congress.

The Western Region attempts to schedule events well in advance. At the fall & winter meetings the calendar blocks are identified for the season beginning 14 months later, and sites are identified based on the evaluation of submitted bids. Organizers wishing to host an event should submit a preliminary proposal to their division in time for the division to evaluate and then submit at the Western Region ACC's spring meeting.

Chronological Steps of the Bid Process

Interested sites should follow these steps in preparing a bid for a regional FIS race or Junior Olympic championships. This assumes that the race organization has been a successful divisional race host and has a demonstrable superior track record at the USSA level. Of course, race organizers who have been traditional FIS sites may have any number of these steps accounted for based on continued race activity at the FIS level.

*Contact the USSA Regional Director and Manager of the home division to express an interest in future events. Obtain guidelines and documents. Confirm FIS homologation for course and timing appropriate to the event/level of race.

*Review calendar blocks for the coming season(s) to determine site compatibility with available events or series blocks.

*Prepare bid forms and supporting documentation. Submit to the host division. The division then prioritizes bids and passes them on to the Regional Director. In the case of traditional sites, the bids may be submitted directly to the Regional Director.

*Calendar sub-committee review and recommendation.

*Regional ACC ratification

*Regional Director Approval *Submit proposed calendar to USSA Calendar Working Group

*Calendar approved by USSA Calendar Working group and ratified by USSA Alpine Sport Committee

* USSA's FIS calendar submitted to FIS by April 15 annually.

Race Site Requirements

The Western Regional Elite FIS Series, the Western Region FIS Devo Series, the Junior Championships, and the Western FIS Junior Championships are FIS events. The race hills must be FIS homologated. Additionally, the courses should be reasonably challenging, but not so difficult as to produce low finish ratios. The Elite FIS series races are qualifying events for the Nor Ams and U.S. Alpine Championships; the Junior Olympics are championship events. The courses should reflect this.

The Elite Tech Series (Jan. & Feb.) and the Spring Series typically involve very large fields - 130+ men and 90+ women. Separate race hills must be available for the men and women for the technical events with fields of this size. For the spring development series and the Junior Championship the field sizes are smaller, but separate race hills are still desirable. Separate sites or separate hills at the same site may be used.

FIS rules limit the number of races at a site [*per homologation#*] in any five-day period to a maximum of two starts per sex in each discipline. Where multiple sites are used for an event, they should be reasonably close. Additionally, the Elite Tech Series is our specific interface with the RMISA conference of NCAA competition.

The J3 Olympics is a nationally scored event for the top 13 and 14-year-old Western Region athletes. Most of these athletes will have participated in some of the races of their division's top race series. Courses should be comparable. The events contested are USSA children's SG, GS, and Slalom for each age category.

Housing

A Housing package is no longer required at any regional event. However, it is still the organizer's responsibility to make housing arrangement possibilities known. This can consist of a complete housing and meal package for the event, or distributing a list of hotels and motels to the divisions in a timely manner. If a housing list is distributed, the organizer should have contacted the hotels to get the best possible prices, to assure that adequate ski tuning facilities are available, and to make certain that the management is willing to cooperate with the age group, and is aware of the age group with which it will be dealing. Any series bid may be accepted by the ACC with a mandatory housing package.

When a deposit is required to reserve housing, adequate advance notice must be supplied to the divisions and the Western Region office. This should be part of the bid package and race announcement.

Site Selection Considerations

The Western Region has abolished rotations for all events as of the 2007 season, with exception of the J3 Olympic package. The Elite Tech Series will normally be held in Salt Lake in conjunction with the RMISA Invitational. Downhill sites may submit bids in successive years. The Regional Director acts as the calendar manager and may solicit bids from traditional sites. Otherwise it is a responsibility of the divisions to assemble bids from the prospective sites and submit them to the Western Region Director, prioritized in order of divisional recommendation.

Junior Olympic and Festival Rotation

2007	Far West	Mammoth Mountain, CA
2008	Northern	Open Bid, Bogus Basin, ID selected
2009	Intermountain	McCall, ID

2010	PNSA	Bend, OR, Mount Bachelor
2011	Far West	TBA
2012	Northern	
2013	IMD	
2014	PNSA	
2015	Far West	

For the current season, the Alaska subsidy for the J3 Junior Olympics remains in place. Alaska may at sometime wish to withdraw from that procedure and bid for a JOs, and the ACC has acknowledged the division has that right.

Bids must be in the Regional Office at least 14 days prior to the Western winter meetings [for 2010 = December 22, 2009]. The calendar sub-committee reviews bids. This calendar will be recommended to the WR ACC for approval. Bids will be awarded at the spring meetings. Alaska should only submit bids that, including airfare, are cost competitive with locating the event in one of the other divisions.

Materials and forms are designed and available to assist clubs in providing standard information when bidding for Western Region Junior Olympic and FIS alpine events. These are located in the forms section of this site.

Bids should be submitted well in advance. This should allow the site the necessary time to pursue sponsorship for event, beyond any commitments that USSA may have in place. The selection of the host site will not be exclusively determined by cost. Divisional recommendation, previous event experience, weather and snow conditions for that time of year, and development of new sites will also be considerations.

Other items considered by the Executive Committee in making recommendations will include:

Race Preparation

Race Trails: All trail homologation must be completed prior to bid submission. In the case of speed events on a course that has not been used for regional races, or for courses in the first year of re-homologation, a copy of the inspector's report is to be submitted.

Snow coverage at the time of the event and snowmaking capabilities for the time of the proposed event must be included.

Experienced Leadership: Who is the organizer of the event? What is the recent history in hosting events? Prior event evaluations for new FIS sites are required. A List of certified officials and planned manpower is required.

Timing: Does the race organization have a good record? A list of FIS homologated timing available is required.

Ski Area Support: A written endorsement from the area showing management/grooming support.

Race Administration: Proven ability/experience from divisional races or prior FIS races.

Race Supply: Does the race organizer have enough equipment to host the event? (Poles, fence, etc.) In the case of speed events the safety system/protection is to be correlated with the homologation report, In the case of children's competitions the number of proper diameter flexes gates should be noted.

Racer Support:

Housing Package:

Cost?

Food Quality?

Room/Bed Occupancy: Single, Double, Quad, etc.?

Separate accommodations for each division? If not, is this a good idea?

Wax Rooms: Accessibility from accommodations?

Security?

Transportation:

Locally - To and from ski area

Region wide - Drive? / Fly?

Training Space: Different events demand different facilities.

There are standard forms that will be used to:

1. Define per athlete costs.
2. Provide comparable information from site to site.
3. Determine the overall quality of the racing/board package.
4. Assist the organizer, if necessary, to insure a competitive package.

Race Announcements

Race announcements for these events should be sent to the participating divisions and, for FIS events, to the other USSA regions, the Canadian Provinces likely to participate, and the USSA and Canadian national offices. Race announcements should be sent out ahead of time - at least 30 days before the entry deadline and any housing reservation deadlines.

Western Region Event Evaluation Material

All sites, after completion of an event, will submit a P&L statement to the Western Region Director, to confirm that the package met the agreed bid.

The Site Selection Committee has developed an event evaluation form that is intended to provide feedback to event organizers. Please distribute the Western Region Event Review form to the following individuals present at your event:

1. USSA/Western Region/Divisional Staff
2. Technical Delegate and Referee
3. Each Divisional Head Coach
4. Anyone Else who's input you may value

When collected, please include copies in your result packets to:

1. Western Region office
2. Your divisional office
3. Your own records

Western Region Awards

Kyle Warren Memorial Trophy

The Kyle Warren Memorial Trophy is awarded each year to the top junior Western Region male and female based on World Cup points earned in the Western Region Elite FIS. The scoring system will be similar to that used for quota team selection. The score in a single event is the sum of the racer's four highest result points scored. Racers' standings will be determined by adding together their point totals in each discipline.

Kyle Warren of Big Bear Lake, California, was a nationally ranked downhill racer and top in his age group when he lost his life in a tragic automobile accident. During his career, Kyle raced for the Big Bear Ski Club and the Sun Valley Ski Team. The Kyle Warren Memorial Trophy was conceived to honor Kyle's memory, and to give recognition to the top junior competitors in the Western Region each season.

	Women	Men
2008-09	Rose Caston	Keith Moffat
2007-08	Geordie Lonza	Miles Fink-Debray
2006-07	Lauren Eder	Andy Phillips
2005-06	Amy Harris	Shane Collins
2004-05	Katie Lyons	Arman Serabrakian
2003-04	Megan McJames	Tim Jitloff
2002-03	Jilyne McDonald	Jacob Dudek
2001-02	Anna Kelly	Todd Ligare
2000-01	Gretchen Glaser	Todd Ligare
1999-2000	Crystal Wright	Jason Foster
1998-99	April Mancuso	Robert Saunders
1997-98	April Mancuso	Mike Prado
1996-97	Sabrina Lawrence	Brian Friedman
1995-96	Jonna Mendes	Scott McCartney
1994-95	Jonna Mendes	Justin Johnson
1993-94	Liz Watkins	Christian Questad
1992-93	Kjersti Bjorn-Roli	Michael Reed
1991-92	Shana Sweitzer	Jeremiah Thompson
1990-91	Lisl Hager	Tyler Ferris
1989-90	Christl Hager	David Kong
1988-89	Stephanie Palmer	Skip Merrick
1987-88	Picabo Street	Tommy Moe
1986-87	Heidi Scheiblehner	Reggie Crist
1985-86	Kristin Krone	Toni Standteiner
1984-85	Heidi Dahlgren	Greg Norton
1983-84	Sandy Steinmeyer	Greg Bruno

2008-2009 Kyle Warren Event Champions

	Men	Women
Downhill	Taylor Vest-Burton	Rose Caston
Slalom	Jared Goldberg	Danielle Govan
GS	Keith Moffat	Kate Williams
SG	Nick Daniels	Rose Caston

Western Region Champions

The Western Region FIS Series' Champions titles are awarded annually to the top male and female participants based on World Cup points earned in the Western Region Elite FIS Series. Individual event scores are the sum of the four best results scored using the Old World Cup scoring method. The overall score is achieved by summing the racer's four result scores for all four disciplines. For example, if a racer won four events in each of the four disciplines a maximum score of 400 points would be achieved.

Women

2008-2009 Stacey Cook
 2007-2008 Angel Collinson
 2006-2007 Hailey Duke
 2005-2006 Jennifer Van Wagner
 2004-2005 Katie Lyons
 2003-2004 Caitlin Ciccone
 2002-2003 Gretchen Glaser
 2001-2002 Gretchen Glaser
 2000-2001 Gretchen Glaser
 1999-2000 Katerina Tichy
 1998-99 April Mancuso
 1997-98 April Mancuso
 1996-97 Marcella Biondi
 1995-96 Jonna Mendes
 1994-95 Anik Demers
 1993-94 Amber Guaraglia
 1992-93 Amber Guaraglia
 1991-92 Shana Sweitzer
 1990-91 Lisl Hager
 1989-90 Christl Hager
 1988-89 Julie Parisian

Men

Jared Goldberg
 Ryan Wilson
 Will Brandenburg
 Robin Sarchett
 Carl Rixon
 Jesse Marshall
 Jacob Dudek
 Rune Nielson
 Justin Johnson
 Rune Nielson
 Marco Sullivan
 Mike Prado
 Uros Pavovcic
 Uros Pavovcic
 V.T. Hernandez
 Michael Reed
 Spencer Eccles
 Toni Standteiner
 Karl Fritz Schlopy
 Tim Hanson
 Kyle Rasmussen

2008 Western Region Event Champions

Women

Downhill Stacey Cook
 Slalom Jered Goldberg
 GS Dane Spencer
 SG Kaylin Richardson

Men

Travis Ganong
 Danielle Govan
 Kate Williams
 Louise-Pierre Helie